

BFUHS

Staff Nurse

Previous Year Paper
05 Oct, 2025

BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT

Staff Nurse

(under Deptt of Health and Family Welfare, Punjab)

QUESTION BOOKLET NO

IMPRESSION OF THE CANDIDATE

OMR ANSWER SHEET NO

ROLL NO:

FULL SIGNATURE OF THE CANDIDATE

Co-ordinator stamp

FULL SIGNATURE OF INVIGILATOR

Maximum Marks: 140

Time Allowed: 2:30 Hours (11:00 AM to 1:30 PM)

1. Use BLACK FINE TIP BALL PEN only. Use of pencil is not allowed.
2. Write your Roll number on the OMR answer-sheet and also on the question-booklet only in the space provided for the purpose and at no other place in the question booklets and Answer-sheet
3. Enter the Question Booklet Set and Number on the OMR Answer-sheet and also darken the corresponding bubbles with BLACK FINE TIP BALL PEN.
4. Do not put any marks anywhere in the Question booklet /on the OMR Answer-sheet.
5. **There are 140 objective type questions in all of 1 Mark each.** Before attempting the questions, check that the Question-booklet is complete. In case any question/part of question or page is missing, inform the Centre Superintendent within 5 minutes of the start of the examination. After that no claim will be entertained.
6. **Each question is followed by four alternative responses listed as A), B), C) and D) out of which only one is correct / most correct.** In case, all the ovals are left blank, there will be deduction of marks @ 0.25 mark for each such unattempted question. Fifth oval 'E' (introduced for security purpose) is to be darkened in case you do not want to attempt the question to avoid negative marking.
7. **As per the instructions of Govt. of Punjab, Department of Personnel letter no. 1/2/2022-5PP/659 dated 16/11/2022, the candidate are compulsory required to qualify the Punjabi language Part-A of question paper by scoring atleast 50% marks failing which the candidate will not be eligible.**
8. To open the question booklet, remove the seal gently when asked to do so. Handover the OMR Answer-sheet to the officer on duty on the completion of the time before you leave the examination hall.
9. **The candidates are permitted to carry his/her question booklet after completion of the examination but OMR Sheets are compulsory required to be deposited with the invigilator.**
10. A candidate who create disturbance of any kind or changes his/her seat or is found in possession of any paper possibility of any assistance to him/her or unfair means will be expelled from the examination by the Centre superintendent/Observer, whose decision shall be final. ("Expulsion" for this purpose would mean cancellation of the entire examination of the candidate).
11. **THE CANDIDATES ARE NOT PERMITTED TO CARRY ANY TELECOMMUNICATION EQUIPMENT SUCH AS WATCH, CELLULAR PHONE, WIRELESS SET, SCANNER ETC. INSIDE THE EXAMINATION HALL.**
12. For rough work, use only the blank space of the Question booklet.
13. The candidates will not be allowed to leave the examination hall during the examination.
14. Borrowing any material is not allowed.
15. The answer-sheet is designed for Computer evaluation. If the instructions are not followed properly, the candidate alone shall be responsible for the resultant loss.
16. Smoking/Refreshment shall not be allowed in the Entrance Test Centre/Hall.
17. Male candidates shall affix their Left Thumb Impression (LTI) while Female candidates shall affix Right Thumb Impression (RTI) at the prescribed place on the OMR answer sheet, Question Booklet and attendance sheet. The Centre superintendent shall also obtain and retain it for record.
18. The candidate must fill both the question booklet number and OMR answer sheet number on the attendance sheet.
19. No candidate shall be allowed to leave the centre before **01:30 PM.**

Part-A

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20. 'ਸਰਬੱਤ ਦਾ ਭਲਾ ਮੰਗਿਆ ਕਰੋ।' ਲਕੀਰਿਆ ਸ਼ਬਦ ਪੜਨਾਂਵ ਦੀ ਕਿਹੜੀ ਕਿਸਮ ਹੈ?
 ਓ. ਨਿਸਚੇ-ਵਾਚਕ ਪੜਨਾਂਵ
 ਅ. ਅਨਿਸਚੇ-ਵਾਚਕ ਪੜਨਾਂਵ
 ਏ. ਸੰਬੰਧ-ਵਾਚਕ ਪੜਨਾਂਵ
 ਸ. ਪੁਰਖ-ਵਾਚਕ ਪੜਨਾਂਵ।
21. 'ਦੁਕਾਨਦਾਰ ਨੇ ਜੂਸ ਵਿੱਚ ਦੁੱਗਣਾ ਪਾਣੀ ਮਿਲਾਇਆ ਹੈ।' ਲਕੀਰਿਆ ਸ਼ਬਦ ਵਿਸ਼ੇਸ਼ਣ ਦੀ ਕਿਹੜੀ ਕਿਸਮ ਹੈ?
 ਓ. ਗੁਣ-ਵਾਚਕ
 ਅ. ਪਰਿਮਾਣ-ਵਾਚਕ
 ਏ. ਸੰਖਿਆ-ਵਾਚਕ
 ਸ. ਨਿਸਚੇ-ਵਾਚਕ।
22. ਜਿਨ੍ਹਾਂ ਵਾਕਾਂ ਵਿੱਚ 'ਹੈ', 'ਸੀ', 'ਸਨ' ਆਦਿ ਇਕੱਲਾ ਸ਼ਬਦ ਹੀ ਕਿਰਿਆ ਦਾ ਰੂਪ ਹੋਵੇ, ਉਸ ਨੂੰ ਕੀ ਕਹਿੰਦੇ ਹਨ?
 ਓ. ਅਕਰਮਕ ਕਿਰਿਆ
 ਅ. ਸੰਸਰਗੀ ਕਿਰਿਆ
 ਏ. ਸਕਰਮਕ ਕਿਰਿਆ
 ਸ. ਪੂਰਨ ਸਕਰਮਕ ਕਿਰਿਆ।
23. 'ਤੁਸੀਂ ਗਲਤੀ ਕੀਤੀ ਹੈ ਇਸ ਲਈ ਸਜ਼ਾ ਵੀ ਭੁਗਤੋਗੇ।' ਲਕੀਰੇ ਸ਼ਬਦ ਕਿਰਿਆ-ਵਿਸ਼ੇਸ਼ਣ ਦੀ ਕਿਹੜੀ ਕਿਸਮ ਹਨ?
 ਓ. ਗਿਣਤੀ-ਵਾਚਕ
 ਅ. ਪਰਿਮਾਣ-ਵਾਚਕ
 ਏ. ਕਾਰਨ-ਵਾਚਕ
 ਸ. ਨਿਸਚੇ-ਵਾਚਕ।
24. ਜਿਹੜੇ ਸੰਬੰਧਕ ਕਦੇ ਪੂਰਨ ਤੇ ਕਦੇ ਅਪੂਰਨ ਹੋਣ, ਉਹਨਾਂ ਨੂੰ ਕੀ ਕਹਿੰਦੇ ਹਨ?
 ਓ. ਪੂਰਨ ਸੰਬੰਧਕ
 ਅ. ਅਵਿਕਾਰੀ ਸੰਬੰਧਕ
 ਏ. ਅਪੂਰਨ ਸੰਬੰਧਕ
 ਸ. ਦੁਬਾਜ਼ਰੇ ਸੰਬੰਧਕ।
25. ਹੇਠ ਲਿਖੇ ਵਾਕਾਂ ਵਿੱਚੋਂ ਅਧੀਨ-ਯੋਜਕ ਵਾਕ ਚੁਣੋ:
 ਓ. ਮੈਨੂੰ ਕਿਤਾਬਾਂ ਅਤੇ ਕਾਪੀਆਂ ਚਾਹੀਦੀਆਂ ਹਨ।
 ਅ. ਇਹ ਉਹੋ ਆਦਮੀ ਹੈ ਜਿਸ ਨੇ ਚੋਰ ਫੜਿਆ ਸੀ।
 ਏ. ਮਹਿਮਾਨ ਆਏ ਤੇ ਖਾਣਾ ਖਾ ਕੇ ਚਲੇ ਗਏ।
 ਸ. ਉਹ ਗਰੀਬ ਹੈ ਪਰ ਬੇਈਮਾਨ ਨਹੀਂ।
26. ਸੰਬੋਧਨੀ ਵਿਸਮਕ ਚੁਣੋ:
 ਓ. ਵੇ!, ਨੀ!, ਨੀ ਕੁੜੀਏ!
 ਅ. ਦੁਰ ਫਿੱਟੇ-ਮੂੰਹ, ਸ਼ਾਬਾਸ਼!
 ਏ. ਕਾਸ਼!, ਹੇ ਪਰਮਾਤਮਾ!
 ਸ. ਹਾਏ! ਹਾਏ!!, ਉਫ਼!
27. ਹੇਠ ਲਿਖੇ ਵਾਕਾਂ ਵਿੱਚ ਸਹੀ ਵਿਸਰਾਮ-ਚਿੰਨ੍ਹ ਵਾਲਾ ਵਾਕ ਚੁਣੋ:
 ਓ. 'ਲਾਲ ਬੱਤੀ' ਨਾਵਲ ਬਲਦੇਵ ਸਿੰਘ ਦਾ ਲਿਖਿਆ ਹੋਇਆ ਹੈ।
 ਅ. ਲਾਲ ਬੱਤੀ ਨਾਵਲ 'ਬਲਦੇਵ ਸਿੰਘ' ਦਾ ਲਿਖਿਆ ਹੋਇਆ ਹੈ।
 ਏ. 'ਲਾਲ ਬੱਤੀ ਨਾਵਲ' ਬਲਦੇਵ ਸਿੰਘ ਦਾ ਲਿਖਿਆ ਹੋਇਆ ਹੈ।
 ਸ. ਲਾਲ ਬੱਤੀ 'ਨਾਵਲ' ਬਲਦੇਵ ਸਿੰਘ- ਦਾ ਲਿਖਿਆ ਹੋਇਆ ਹੈ
28. 'ਉਹ ਵਿਦੇਸ਼ ਜਾ ਰਿਹਾ ਹੈ।' ਵਾਕ ਦਾ ਸਹੀ ਭੂਤ ਕਾਲ ਰੂਪ ਕਿਹੜਾ ਹੈ?
 ਓ. ਉਹ ਵਿਦੇਸ਼ ਗਿਆ ਸੀ।
 ਅ. ਉਹ ਵਿਦੇਸ਼ ਗਿਆ ਹੈ।
 ਏ. ਉਹ ਵਿਦੇਸ਼ ਜਾ ਰਿਹਾ ਹੋਵੇਗਾ।
 ਸ. ਉਹ ਵਿਦੇਸ਼ ਜਾ ਰਿਹਾ ਸੀ।
29. 'ਮਾਲਕ ਨੇ ਨੌਕਰ ਅਤੇ ਉਸ ਦੀ ਧੀ ਨੂੰ ਝਿੜਕਿਆ।' ਵਾਕ ਦਾ ਲਿੰਗ ਬਦਲਣ ਵਾਲਾ ਸਹੀ ਵਾਕ ਚੁਣੋ:
 ਓ. ਮਾਲਕ ਨੇ ਨੌਕਰਾਣੀ ਅਤੇ ਉਸ ਦੇ ਪੁੱਤਰ ਨੂੰ ਝਿੜਕਿਆ।
 ਅ. ਮਾਲਕਣ ਨੇ ਨੌਕਰਾਣੀ ਅਤੇ ਉਸ ਦੇ ਪੁੱਤਰ ਨੂੰ ਝਿੜਕਿਆ।
 ਏ. ਮਾਲਕਣ ਨੇ ਨੌਕਰ ਅਤੇ ਉਸ ਦੇ ਪੁੱਤਰ ਨੂੰ ਝਿੜਕਿਆ।
 ਸ. ਮਾਲਕਣ ਨੇ ਨੌਕਰਾਣੀ ਅਤੇ ਉਸ ਦੀ ਧੀ ਨੂੰ ਝਿੜਕਿਆ।
30. 'ਕੁੜੀ ਰੋਟੀ ਪਕਾ ਰਹੀ ਹੈ।' ਵਾਕ ਦਾ ਵਚਨ ਬਦਲਣ ਵਾਲਾ ਸਹੀ ਵਾਕ ਚੁਣੋ:
 ਓ. ਕੁੜੀ ਰੋਟੀਆਂ ਪਕਾ ਰਹੀ ਹੈ।
 ਅ. ਕੁੜੀਆਂ ਰੋਟੀਆਂ ਪਕਾ ਰਹੀ ਹੈ।
 ਏ. ਕੁੜੀਆਂ ਰੋਟੀਆਂ ਪਕਾ ਰਹੀਆਂ ਹੈ।
 ਸ. ਕੁੜੀਆਂ ਰੋਟੀਆਂ ਪਕਾ ਰਹੀਆਂ ਹਨ।
31. ਵਾਕ ਵਿੱਚ ਨਾਂਵ ਜਾਂ ਪੜਨਾਂਵ ਦਾ ਹੋਰਨਾਂ ਸ਼ਬਦਾਂ (ਕਿਰਿਆ) ਆਦਿ ਨਾਲ ਸੰਬੰਧ ਪ੍ਰਗਟ ਕਰਨ ਵਾਲੇ ਰੂਪਾਂ ਨੂੰ ਕੀ ਕਿਹਾ ਜਾਂਦਾ ਹੈ?
 ਓ. ਯੋਜਕ
 ਅ. ਸੰਬੰਧਕ
 ਏ. ਕਾਰਕ
 ਸ. ਵਿਸ਼ੇਸ਼ਣ
32. ਸਹੀ ਸ਼ਬਦ-ਜੋੜ ਚੁਣੋ:
 ਓ. ਖਾਲਸ
 ਅ. ਖਾਲਸ
 ਏ. ਖਾਲਿਸ
 ਸ. ਖਾਲਿਸ।
33. ਪਿਜਿਨ ਤੋਂ ਭਾਵ ਹੈ:
 ਓ. ਸਥਾਨਿਕ ਭਾਸ਼ਾ
 ਅ. ਮੁਹਾਵਰਿਆਂ ਦੀ ਵਰਤੋਂ ਵਾਲੀ ਭਾਸ਼ਾ
 ਏ. ਕੰਮ-ਚਲਾਊ ਭਾਸ਼ਾ
 ਸ. ਠੇਠ ਪੰਜਾਬੀ।
34. ਰੂਪਨਗਰ ਜ਼ਿਲ੍ਹੇ ਵਿੱਚ ਕਿਹੜੀ ਉਪਭਾਸ਼ਾ ਬੋਲੀ ਜਾਂਦੀ ਹੈ?
 ਓ. ਮਾਝੀ
 ਅ. ਦੁਆਬੀ
 ਏ. ਮਲਵਈ
 ਸ. ਪੁਆਧੀ।
35. ਜਿਹੜੀ ਭਾਸ਼ਾ ਸਰਕਾਰੀ ਕੰਮ-ਕਾਜ ਲਈ, ਸਿੱਖਿਆ ਅਤੇ ਮੀਡੀਆ ਦੇ ਖੇਤਰ ਵਿੱਚ ਵਰਤੀ ਜਾਵੇ, ਉਸ ਨੂੰ ਕੀ ਕਿਹਾ ਜਾਂਦਾ ਹੈ?
 ਓ. ਉਪਭਾਸ਼ਾ
 ਅ. ਟਕਸਾਲੀ ਭਾਸ਼ਾ
 ਏ. ਰਾਜ ਭਾਸ਼ਾ
 ਸ. ਮਾਤ ਭਾਸ਼ਾ।
36. 'ਵ' ਦੀ ਥਾਂ 'ਬ' ਦੀ ਵਰਤੋਂ ਕਿਸ ਇਲਾਕੇ ਦੀ ਖ਼ਾਸ ਪਛਾਣ ਹੈ?
 ਓ. ਮਾਝੀ
 ਅ. ਮਲਵਈ
 ਏ. ਪਾਕਿਸਤਾਨੀ
 ਸ. ਦੁਆਬੀ।

37. ਨਾਸਿਕੀ ਸੂਰ-ਪੁਨੀਆਂ ਨੂੰ ਅੰਕਿਤ ਕਰਨ ਲਈ ਕਿਹੜੇ ਚਿੰਨ੍ਹ ਵਰਤੇ ਜਾਂਦੇ ਹਨ?

- ੳ. ਬਿੰਦੀ, ਟਿੱਪੀ ਅ. ਬਿੰਦੀ, ਕਨੌੜਾ
ੲ. ਸਿਹਾਰੀ, ਬਿੰਦੀ ਸ. ਅਧਕ, ਟਿੱਪੀ।

38. ਅਜੋਕੀ ਪੰਜਾਬੀ ਵਿੱਚ 'ਸਿਹਾਰੀ' ਲਗ ਦੀ ਵਰਤੋਂ ਕਿਹੜੇ ਅੱਖਰ ਨਾਲ ਬਹੁਤ ਘੱਟ ਹੁੰਦੀ ਹੈ?

- ੳ. ਮੂਹਰਲੇ
ਅ. ਵਿਚਕਾਰਲੇ
ੲ. ਅੰਤਲੇ
ਸ. ਉਪਰੋਕਤ ਸਾਰੇ।

39. 'ਹੱਥ' 'ਤੇ ਹੱਥ ਧਰ ਕੇ ਬਹਿਣਾ' ਮੁਹਾਵਰੇ ਦਾ ਸਹੀ ਅਰਥ ਦੱਸੋ:

- ੳ. ਬਹੁਤ ਰੁੱਝੇ ਰਹਿਣਾ ਅ. ਰਾਜ ਕਰਨਾ
ੲ. ਮੌਜ ਕਰਨਾ ਸ. ਵਿਹਲੇ ਰਹਿਣਾ।

40. ਜਦੋਂ ਕਿਸੇ ਤੋਂ ਮਦਦ ਦੀ ਆਸ ਰੱਖਣਾ ਫ਼ਜ਼ੂਲ ਹੋਵੇ ਤਾਂ ਕਿਹੜੀ ਅਖਾਉਤ ਵਰਤੀ ਜਾਂਦੀ ਹੈ?

- ੳ. ਸੱਦੀ ਨਾ ਬੁਲਾਈ ਮੈਂ ਲਾੜੇ ਦੀ ਤਾਈ
ਅ. ਆਪਣਾ ਨੀਂਗਰ, ਪਰਾਇਆ ਢੀਂਗਰ
ੲ. ਸਹੇ ਦੀ ਨਹੀਂ ਪਹੇ ਦੀ ਪਈ ਏ
ਸ. ਇਹਨਾਂ ਤਿਲਾਂ ਵਿੱਚ ਤੇਲ ਨਹੀਂ।

41. ਵਿਆਹ ਸਮੇਂ ਲੜਕੇ ਵਾਲਿਆਂ ਦੇ ਘਰ ਕਿਹੜੇ ਗੀਤ ਗਾਏ ਜਾਂਦੇ ਹਨ?

- ੳ. ਸੁਹਾਗ ਅ. ਲੋਰੀਆਂ
ੲ. ਘੋੜੀਆਂ ਸ. ਅਲਾਹੁਣੀਆਂ।

42. ਹੇਠ ਲਿਖਿਆਂ ਵਿੱਚੋਂ ਕਿਹੜਾ ਔਰਤਾਂ ਦਾ ਗਹਿਣਾ ਨਹੀਂ ਹੈ?

- ੳ. ਕੈਂਠਾ ਅ. ਬਿਛੂਏ
ੲ. ਧੂੰਦੇ ਸ. ਸ਼ਕੁੰਤਲਾ।

43. ਲਾੜੇ ਦੀ ਬੁੱਧੀ ਦੀ ਪਰੀਖਿਆ ਲਈ ਕਿਹੜਾ ਲੋਕ-ਕਾਵਿ ਵਰਤਿਆ ਜਾਂਦਾ ਰਿਹਾ ਹੈ?

- ੳ. ਸਿੱਠਣੀਆਂ ਅ. ਮਾਹੀਆ
ੲ. ਹੇਅਰਾ ਸ. ਛੰਦ ਪਰਾਗਾ।

44. ਹੇਠ ਲਿਖਿਆਂ ਵਿੱਚੋਂ ਕਿਹੜਾ ਗਹਿਣਾ ਕੰਨਾਂ ਦੇ ਗਹਿਣਿਆਂ ਵਿੱਚ ਸ਼ਾਮਲ ਨਹੀਂ?

- ੳ. ਰੇਲਾਂ ਅ. ਮਰੋੜੀ
ੲ. ਤੁੰਗਲ ਸ. ਨੁਕਰਾ।

45. ਹੇਠ ਲਿਖਿਆਂ ਵਿੱਚੋਂ ਕਿਹੜੀ ਵਿਆਹ ਦੀ ਰਸਮ ਨਹੀਂ ਹੈ?

- ੳ. ਹੰਗਾਮਾ ਅ. ਸੁਰਮਾ-ਸਲਾਈ
ੲ. ਗੋਤ-ਕਨਾਲਾ ਸ. ਪਰੋਸਾ ਫੇਰਨਾ।

46. ਸਭ ਤੋਂ ਪਹਿਲਾਂ ਸਿੱਖ ਰਾਜ ਦੀ ਸਥਾਪਨਾ ਕਿਸ ਨੇ ਕੀਤੀ?

- ੳ. ਮਹਾਰਾਜਾ ਰਣਜੀਤ ਸਿੰਘ
ਅ. ਬਾਬਾ ਬੰਦਾ ਸਿੰਘ ਬਹਾਦਰ
ੲ. ਜੱਸਾ ਸਿੰਘ ਆਹਲੂਵਾਲੀਆ
ਸ. ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ।

47. 'ਪਾਹੁਲ' ਪ੍ਰਥਾ ਤੋਂ ਕੀ ਭਾਵ ਹੈ?

- ੳ. ਇਕੱਠੇ ਬੈਠ ਕੇ ਲੰਗਰ ਛਕਣਾ
ਅ. ਗੁਰਦੁਆਰੇ ਅੰਦਰ ਸਿਰ ਢੱਕਣਾ ਜ਼ਰੂਰੀ ਹੈ
ੲ. ਸਿੱਖਾਂ ਨੂੰ ਅੰਤਰਜਾਤੀ ਵਿਆਹ ਦੀ ਖੁੱਲ੍ਹ
ਸ. ਜਾਤੀ ਖਾਤਮੇ ਲਈ ਇੱਕੋ ਕਟੋਰੇ ਵਿੱਚ ਪ੍ਰਸ਼ਾਦ ਲੈਣਾ।

48. 'ਮੱਲ-ਅਖਾੜਾ' ਪਰੰਪਰਾ ਦੀ ਸ਼ੁਰੂਆਤ ਕਿਸ ਗੁਰੂ ਸਾਹਿਬ ਨੇ ਕੀਤੀ?

- ੳ. ਸ੍ਰੀ ਗੁਰੂ ਅੰਗਦ ਦੇਵ ਜੀ
ਅ. ਸ੍ਰੀ ਗੁਰੂ ਅਮਰਦਾਸ ਜੀ
ੲ. ਸ੍ਰੀ ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਜੀ
ਸ. ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ।

49. ਕਿੱਸਾਕਾਰਾਂ ਦਾ ਸਰਤਾਜ ਕਿੱਸਾ ਕਵੀ ਕੌਣ ਹੈ?

- ੳ. ਕਾਦਰਯਾਰ ਅ. ਹਾਸ਼ਮ ਸ਼ਾਹ
ੲ. ਵਾਰਿਸ ਸ਼ਾਹ ਸ. ਪੀਲੂ।

50. 16ਵੀਂ ਸਦੀ ਦੀ ਸ਼ੁਰੂਆਤ ਵਿੱਚ ਪੰਜਾਬ 'ਤੇ ਕਿਸ ਦਾ ਰਾਜ ਸੀ?

- ੳ. ਬਹਿਲੋਲ ਖਾਨ ਲੋਧੀ ਅ. ਸਿਕੰਦਰ ਲੋਧੀ
ੲ. ਦੌਲਤ ਖਾਨ ਲੋਧੀ ਸ. ਇਬਰਾਹੀਮ ਲੋਧੀ।

Part-B

51. A nurse receives following four patients at train accident site. List the order in which she will care the patients from first to last:

1. Upper extremity fracture
2. Unresponsive patient with penetrating head wounds
3. Sucking chest wound
4. Stable abdominal wound without evidence of significant haemorrhage

- A. 1, 2, 3, 4 B. 2, 3, 4, 1
C. 3, 4, 1, 2 D. 3, 4, 2, 1

52. A nurse is caring for a patient with epilepsy who is in seizure. To provide a safe environment for the patient at this time, the nurse plans to following EXCEPT:

- A. Place the patient on one side with head flexed forward
- B. Observe the seizure activity
- C. Raise side rails
- D. Restrain the patient

53. A person has a lower extremity crush injury due to run over by a moving vehicle. Which symptom related to compartment syndrome would the patient likely report at affected extremity?
- Red, warm, edema
 - Pain, paresthesia, pallor
 - Cool, cyanosis, flexion contracture
 - Chest pain, dyspnoea, tachycardia
54. Which of following chemical is used for sterilization of endoscope?
- Glutaraldehyde
 - Carbolic acid
 - Savlon
 - sodium hypochlorite
55. A patient display disturbed, uncooperative and paranoid behaviour is admitted in emergency department. Which of following are a initial interventions EXCEPT
- Restraints the patient
 - Introduce yourself by name
 - Administer prescribed psychotropic agent
 - Give honest explanation
56. An unconscious patient is brought to emergency department without family member and friends to give consent. Which of following action is appropriate?
- Denied to treatment and report to police
 - Wait for family members to initiate treatment
 - This fact must be documented and initiate treatment
 - Consent should take retrospectively after initial treatment
57. A patient involved in a house fire is experiencing respiratory distress, and carbon monoxide poisoning. Which of the following is reliable finding to assess hypoxia?
- Pulse oximetry finding
 - Skin colour finding
 - Sputum carbon levels
 - Serum carboxyhemoglobin levels
58. A nurse in the emergency department receives a patient with blood pressure 180/120 mm Hg. After the administration of sodium nitropruside, the nurse develops a plan of care for the patient priority nursing action is:
- Monitor urinary output
 - Assess serum sodium levels
 - Taking vital sign every 5 minutes
 - Advice relaxation therapy
59. Which pharmacological agent would nurse anticipate to treat a patient who ingested pesticides (organophosphates)?
- Atropine
 - Nimodipine
 - Potamine sulfate
 - Dobutamine
60. Which of following test is use for assess refractive errors?
- Snellen chart
 - Tonometry
 - Rinner's test
 - Ishihara chart
61. When patient is sorting to determine the priority of their health care needs, which of following match is TRUE regarding triage category and colour code might have been assigned?
- Immediate-----Green
 - Delayed-----Yellow
 - Minimal-----Black
 - Expectant-----Red
62. The nurse ensures that which of the following is positive before the insertion of arterial line in radial artery?
- Cool's test
 - Babinski reflex
 - Chvostek's sign
 - Allen test
63. Which of following is the appropriate nursing intervention for patient with delirium in the ICU?
- Use clock and calendar
 - Restrict care giver at bed side
 - Look directly at patient when communicate
 - Silence the alarm
64. Where should nurse attempt to perform a pulse check in an adult during cardiopulmonary resuscitation?
- Radial artery
 - Brachial artery
 - Dorsalis pedis artery
 - Carotid artery
65. A nurse has a prescription to obtain a central venous pressure of a patient. Where the nurse should locate transducer to get zero point or phlebostatic axis ?
- at the midclavicular line at the third intercostal space
 - at the midclavicular line at the fourth intercostal space
 - at the midaxillary line at the third intercostal space
 - at the midaxillary line at the fourth intercostal space

66. While interpreting ABG report of a patient the Nurse observes the following parameters: pH 7.6, PaO₂ 120 mm Hg, PaCO₂ 31 mm Hg, and HCO₃ 23 mEq/L. The nurse concludes that the patient has:

- A. Respiratory alkalosis partially compensated
- B. Respiratory alkalosis uncompensated
- C. Metabolic alkalosis partially compensated
- D. Metabolic alkalosis uncompensated

67. A nurse is assign the patient with head injury, the patient reports having incomprehensible sound, abnormal flexion in response to painful stimuli and response eye opening to pain. How much score nurse assign by using Glasgow coma scale?

- A. 8
- B. 7
- C. 6
- D. 3

68. Which of following observation by the nurse indicates need for suction in a patient with tracheostomy/ endotracheal (ET) tube?

- A. Clear breath sounds
- B. Visible secretion in the tube
- C. SpO₂ is 95%
- D. Decrease in peak airway pressure

69. The nurse suspects that a patient who had a spinal cord injury is developing neurogenic shock. The nurse assesses for which clinical manifestation of this complication?

- A. Hypotension, tachycardia, and cool, moist skin
- B. Hypotension, tachycardia, and dry, warm skin
- C. Hypotension, bradycardia and cool, moist skin
- D. Hypotension, bradycardia, and dry, warm skin

70. Calculate approximate Mean Arterial Pressure (MAP) based on the following data: HR 85, BP 110/65, CVP 12, ICP 15, RR 25, Minute Volume 10.5 L/min.

- A. 45
- B. 80
- C. 87.5
- D. 175

71. A coronary care unit (CCU) nurse is caring for a patient admitted with acute myocardial infarction (MI). The nurse should monitor for which most common change in ECG?

- A. Pathologic Q wave
- B. Widen QRS complex
- C. Depressed ST segment
- D. Elevated ST segment

72. The nurse instructs a female patient about collecting urine sample for culture and sensitivity. Which does the nurse include in patient's teaching regarding collection?

- A. Freshly voided, clean-catch, initial stream
- B. Freshly voided, clean-catch, post prandial
- C. Freshly, Clean voided, initial specimen
- D. Freshly, Clean voided, midstream specimen

73. Which of following urine qualitative test is use for glucose in urine?

- A. Rothera test
- B. Salfosalicyclic acid
- C. Benedict test
- D. Benzidine test

74. A nurse is preparing a patient with tuberculous meningitis for lumbar puncture. The nurse plans to place the patient in which position?

- A. Place on his side with his knee straight and head flexed
- B. Place on his side with his knee straight and head flexed
- C. Place on his side with his knee drawn up and head extended
- D. Place on his side with his knee drawn up and head flexed

75. A patient is suspected for Hairy cell Leukemia and planned for bone marrow aspiration. Which of following site is used for bone marrow aspiration?

- A. Sternum
- B. Scaphoid
- C. Clavical
- D. Ribs

76. The Leadership style in which a nurse manager believes that she can do a better job than his followers is called.

- A. Democratic Leadership
- B. Autocratic Leadership
- C. Free Rein Leadership
- D. Servant leadership

77. In which type of patient care delivery method nurse assumes 24 hours responsibility for planning the care of patients from admission to discharge?

- A. Total patient care
- B. Functional nursing
- C. Modular nursing
- D. Primary nursing

78. Chief nursing officer orient her newly recruited ward incharge that five staff nurses will directly report to her. This refers to which of following principle of management?

- A. Centrality
- B. Unity of command
- C. Span of control
- D. Spirit de corp

79. Nurse Manager plans to measure prevalence of pressure sores to measure the quality of hospital care. Which of the following type of nursing audit she uses?
- Benchmarking
 - Process audit
 - Structure audit
 - Outcome audit
80. A female patient is scheduled for episiotomy. The nurse discuss with the patient that the goal of procedure is to:
- Facilitate delivery of baby
 - Reduce labor pain
 - Dilate the cervix
 - Curette the endometrium
81. Antibodies are produced in body by:
- B lymphocyte
 - T lymphocyte
 - NK cells
 - Monocyte
82. The nurse is preparing the patient for total hip replacement which of following information should the nurse include in postoperative care?
- Abduction the legs
 - Flexion of less than 90°
 - Affected leg should turn inward
 - Knee should be above than the hip
83. Which of following instrument is designed to facilitate visualization of the operative field while preventing trauma to the surrounding tissue?
- Dilator
 - Mallet
 - Retractor
 - Vectis
84. The nurse is caring for a patient who has been transferred to the surgical unit after a cholecystectomy. During the postoperative period, the patient complains of pain at the incision site during the coughing. Which of the following patient action indicate the need for further education:
- Splint the affected site
 - Avoid taking deep breath
 - Gradually increase physical activity
 - Turn position
85. A patient is schedule for a whipple resection. The nurse is aware that this surgical procedure is indication for the:
- Chronic pancreatitis
 - Appendicitis
 - Intestinal obstruction
 - Hiatal hernia
86. Deficiency of which of following vitamins causes pellagra?
- Niacin
 - Thiamine
 - Vit D
 - Vit C
87. A nurse is assisting for a patient to scheduled adrenalectomy. The nurse knowing that which complication can arise as a result of manipulation of the tumor during adrenalectomy ?
- Hypertensive crisis
 - Adrenal insufficiency
 - Tetany
 - Hypothermia
88. A patient with right side pneumothorax is schedule of emergency decompress by inserting a large bore needle.
- At the second intercostal space ,midclavicular line on left side
 - at the second intercostal space ,midclavicular line on right side
 - at the fifth intercostal space ,midaxillary line on left side
 - at the fifth intercostal space ,midaxillary line on right side
89. The characteristic clinical features of attention deficit hyperactivity disorder is:
- Poor attention span, hyperactivity, motor tics
 - Hyperactivity, vocal tics, obsessions and compulsions
 - Impulsivity, hyperactivity, poor attention span with distractibility.
 - Physical violence, fire setting, assaulting
90. Which of following first-line pharmacologic drug use to treat bipolar mania?
- Haloperidol
 - Lithium
 - Amitriptyline
 - Diazepam
91. A patient states "I wish I were dead." The nurse's priority action is :
- Treatment with ECT
 - Notify the family immediately
 - Conduct a proper suicide risk assessment
 - Provide reassurance that things will improve
92. Negative symptoms of schizophrenia include:
- Auditory hallucinations
 - Paranoid delusions
 - Flat affect and avolition
 - Disorganized speech
93. When screening families for post-traumatic stress disorder following a major natural disaster, psychiatric-mental health nurses are practicing which type of disease prevention?
- Primary
 - Secondary
 - Tertiary
 - Universal

94. Which of the following assessment findings should the nurse expect to identify as involvement of cerebellum in multiple sclerosis (MS)?
- Ataxia
 - Muscle atrophy
 - Vision loss
 - Dementia
95. Which of the following describes the cognitive triad of depression?
- Helplessness, sleeplessness, worthlessness
 - Thoughtlessness, worthlessness, sleeplessness
 - Hopelessness, worthlessness, thoughtlessness
 - Hopelessness, worthlessness, helplessness
96. A perception that occurs when a sensory stimulus is present but is incorrectly perceived and misinterpreted is known as:
- Hallucination
 - Delusion
 - Illusion
 - Neologism
97. Which of the following is most appropriate nursing intervention for a patient with obsessive-compulsive disorder during hospital stay?
- Acknowledge the ritualistic behavior each time and point out that it is inappropriate.
 - Allow the patient to carry out the ritualistic behavior, since it is helping them.
 - Collaborate with the patient to reduce the amount of time they engage in ritualistic behavior.
 - Ignore the ritualistic behaviors, and the behaviors will be eliminated due to lack of reinforcement
98. Which of the following muscle is use for intramuscular injection in the infants?
- Vastus lateralis
 - Gastrocnemius
 - Flexor hallucis longus
 - Pectoralis major
99. All of the following are describing nephrotic syndrome except:
- Hypoalbuminaemia
 - Hypolipidemia
 - Edema
 - Proteinuria
100. The most common cause of maternal morbidity in India is:
- Anemia
 - Abortion
 - Hemorrhage
 - Sepsis
101. The Oedipus complex is associated with which psychosexual stage:
- Oral stage
 - Anal stage
 - Phallic stage
 - Genital stage
102. Anterior fontanelle closes at the age of:
- Between 6 to 12 months
 - Between 12 to 18 months
 - Between 18 to 24 months
 - Between 24 to 30 months
103. Birth weight quadruples by:
- 5 months
 - 1 year
 - 18 months
 - 2 years
104. The nurse leads an adolescent health information group, which often expands into other areas of discussion. She knows that these youths are trying to find out "who they are," and discussion often focuses on which directions they want to take in school and life, as well as peer relationships. According to Erikson, this stage is known as:
- Identity vs. role confusion.
 - Adolescent rebellion.
 - Career experimentation.
 - Relationship testing
105. Which of the following is not a component of Apgar score?
- Respiratory rate
 - Pulse
 - Muscle tone
 - Skin colour
106. A treatment plan for child with sickle cell anemia will include:
- IV fluids to adequately hydrate
 - Narcotic pain management when pain is severe
 - Transfusion of RBCs to correct anemia
 - All of these
107. When assessing a 12 year old child, the nurse should keep in mind that it is most important to avoid the palpation of abdomen in which of the following condition?
- Wilm's tumor
 - splenomegaly
 - Inguinal hernia
 - Cholecystitis
108. Immediately on the arrival of a premature baby to the neonatal intensive care unit, the nurse should do which of the following:
- Take temperature rectally
 - Examine for anomalies
 - Check airway for patency
 - Cleanse skin of vernix
109. Which of the following clinical assessment would most likely be demonstrated in severe dehydration in children?
- Pale skin turgor
 - Normal skin turgor
 - Marked oliguria
 - Normal blood pressure

110. During monitoring of patient who is receiving oxytocin to induce labor which assessment finding would cause the nurse to immediately discontinue the oxytocin infusion:
- Fatigue
 - Drowsiness
 - Uterine hyper stimulation
 - Early deceleration of fetal heart rate
111. Which of following is a presumptive sign of pregnancy?
- Amenorrhea
 - Fetal heart beat
 - Presence of hCG in blood
 - Goodell's sign
112. Which of following test is not used as assessment tool for developmental dysplasia of the hip?
- Barlow's test
 - McMurray's Test
 - Ortolani's test
 - Trendelenburg's test
113. Which of following is correct sequence in mechanism of labor?
- Engagement, descent, internal rotation, flexion, extension, restitution, external rotation and expulsion
 - Engagement, descent, extension, internal rotation, flexion, restitution, external rotation and expulsion
 - Engagement, descent, flexion, extension, restitution, internal rotation, external rotation and expulsion
 - Engagement, descent, flexion, internal rotation, extension, restitution, external rotation and expulsion
114. Which among the following is characteristic of true labor?
- Cervical dilation and effacement
 - Regular contraction
 - Gradually increase in frequency of contraction
 - All of above
115. Premature separation of the placenta from the uterine wall after the twentieth week of gestation is called:
- Placenta previa
 - Abruptio placentae
 - Vena cava syndrome
 - Placenta accrete
116. First of all fetal heart sounds can be assessed
- Between 2-3 weeks
 - Between 8-10 weeks
 - Between 10-12 weeks
 - Between 16-18 weeks
117. Oligohydramnios refer to is a condition when amniotic fluid volume is less than
- 75 ml at term
 - 100 ml at term
 - 150 ml at term
 - 200 ml at term
118. Hormone responsible for ovulation is
- Progesterone
 - Estrogen
 - Luteinizing hormone
 - Follicle Stimulating Hormone
119. During a prenatal visit a patient tells you her last menstrual period was 10 June 2025. Based on the Naegele's Rule, when is the estimated due date of her baby?
- 03 March 2026
 - 17 March 2026
 - 03 April 2026
 - 17 April 2026
120. At least how many antenatal care visits are recommended by WHO (ANC model 2016) for a healthy pregnancy?
- 5
 - 6
 - 7
 - 8
121. Which of following grips is also known umbilical grip?
- Fundal grip
 - Pawlik's grip
 - Lateral grip
 - Pelvic grip
122. Which of the following is NOT an attribute of a professional?
- Concerned with quantity
 - Self-directed
 - Committed to spirit of inquiry
 - Independent
123. Optimum level of fluoride in drinking water per litre is
- .5 mg
 - 1.5 mg
 - 2.5 mg
 - 2.5 mg
124. Broad principles of mid day meal programme except
- Substitute to the home diet
 - Supply one third of total energy requirement
 - Half of protein needed
 - Cost of meal should be reasonably low
125. In the Indian diet, the contribution to percentage of total energy (unless otherwise stated) that come from fat should be:
- 1-15
 - 15-30
 - 30-60
 - 60 -75

126. As per national family health survey-5 the prevalence of anaemia in women (15-49 years) in India is
- 25.1%
 - 57%
 - 67%
 - 72.6%
127. Which of following is the goal of LaQshya programme launched by MoHFW ?
- To improve quality of care in labor room and maternity OTs
 - To improve quality of care in PHC and immunization clinic
 - To improve quality of care in ICU and CCU
 - To improve the quality of care in home and family environment
128. Following infectious agents can be transmitted by healthy carrier except:
- Poliomyelitis
 - Cholera
 - Meningococcal meningitis
 - Measles
129. Farmer's lung is caused by:
- Cotton dust
 - Cane fibre
 - Silica
 - Grain dust
130. Following are principles of health education in community health education except :
- Credibility
 - Reinforcement
 - Unknown to known
 - Community participation
131. Proximal row of carpal bones are consist of
- Scaphoid, Lunate, Triquetral and Pisiform.
 - Scaphoid, Hamate, Trapezoid and Pisiform.
 - Trapezium, Trapezoid, Capitates and Hamate.
 - Lunate, Triquetral, Capitates and Hamate.
132. Janani shishu suraksha karyakarm for pregnant women was launched on
- 5th April 2005
 - 7th April 2009
 - 1st June 2011
 - 13th March 2016
133. Which of the following sign or symptom indicates salicylate toxicity?
- Chest pain
 - Pink coloured urine
 - Slow pulse rate
 - Ringing in ears
134. Select the anatomic malformations associated with the Tetralogy of Fallot,
- Ventricular septal defect, an overriding aorta, right ventricular hypertrophy, pulmonay stenosis.
 - Atrial septal defect, overriding aorta, right ventricular hypertrophy, pulmonary stenosis.
 - Ventricular septal defect, overriding aorta, left ventricular hypertrophy, and right ventricular outflow.
 - Atrial septal defect, an overriding aorta, pulmonary atresia, and right ventricular outflow
135. A patient is schedule for a colonoscopy. After taking informed consent, which of the following drug can be used to relax the colonic musculature and to reduce spasm during colonoscopy?
- Insulin
 - Glucagon
 - Opioid analgesic
 - Calcium channel blocker
136. A peri operative nurse educates the student nurse that which of following surgical procedure is an indication for retinal detachment:
- Laser assisted in situ keratomileusis
 - Conductive keratoplasty
 - Sclera buckle
 - Extracapsular cataract extraction
137. The nurse writes a problem of altered body image for a 37 years patient with colostomy. Which intervention should be implemented?
- Demonstrate how to irrigate the colostomy
 - Provide information about expected bowel function
 - Encourage the patient to verbalize feeling about stoma
 - Perform a head to toe assessment every shift
138. A nurse plans care for a patient with chronic obstructive pulmonary disease (COPD), understanding that the patient is most likely to experience what type of acid-base imbalance?
- Respiratory acidosis
 - Metabolic acidosis
 - Metabolic alkalosis
 - Respiratory alkalosis
139. Which of the following is used as an emergency contraceptive?
- Levonorgestrel
 - Ergometrine
 - Progesterone only
 - Depoprovera
140. Which of following is most common cause of neonatal deaths in India?
- Prematurity and low birth weight
 - Birth asphyxia and birth trauma
 - Neonatal pneumonia
 - Diarrhoea

ANSWER KEY

Recruitment test conducted on 05/10/2025 for post of Staff Nurse under Department of Health and Family Welfare, Govt. of Punjab

Part A					Part B										
1	ੲ		26	ੳ	51	C		76	B		101	C		126	B
2	ਸ		27	ੳ	52	D		77	D		102	C		127	A
3	ਅ		28	ਸ	53	B		78	C		103	D		128	D
4	ਸ		29	ਅ	54	A		79	D		104	A		129	D
5	ਸ		30	ਸ	55	A		80	A		105	A		130	C
6	ੲ		31	ੲ	56	C		81	A		106	D		131	A
7	ੳ		32	ੳ	57	D		82	A		107	A		132	C
8	ਅ		33	ੲ	58	C		83	C		108	C		133	D
9	ਅ		34	ਸ	59	A		84	B		109	C		134	A
10	ੳ		35	ਅ	60	A		85	A		110	C		135	B
11	ਅ		36	ਸ	61	B		86	A		111	A		136	C
12	ਸ		37	ੳ	62	D		87	A		112	B		137	C
13	ੲ		38	ੲ	63	A		88	B		113	D		138	A
14	ੳ		39	ਸ	64	D		89	C		114	D		139	A
15	ਸ		40	ਸ	65	D		90	B		115	B		140	A
16	ਸ		41	ੲ	66	B		91	C		116	B			
17	ਸ		42	ੳ	67	B		92	C		117	D			
18	ੳ		43	ਸ	68	B		93	B		118	C			
19	ਸ		44	ਸ	69	D		94	A		119	B			
20	ਅ		45	ੳ	70	B		95	D		120	D			
21	ੲ		46	ਅ	71	D		96	C		121	C			
22	ਅ		47	ਸ	72	D		97	C		122	A			
23	ੲ		48	ੳ	73	C		98	A		123	B			
24	ਸ		49	ੲ	74	D		99	B		124	A			
25	ਅ		50	ੲ	75	A		100	C		125	B			