

NTA UGC NET JUN 2026_22nd to to 30th June 2026

Application No	
Candidate Name	
Roll No.	
Test Date	29/06/2026
Test Time	3:00 PM - 6:00 PM
Subject	47 Physical Education

Section : General Paper

Comprehension:

The following table shows the digitally-dependent population of six different cities (1-6), along with the ratio of Males (M) to Females (F) and ratio of Adults (A) to children (C) among them. Based on the data in the table, answer the questions that follow.

City-wise Digitally-Dependent Demographic			
City	Digitally-Dependent Population	Digitally Dependent Ratio	
		M : F	A : C
1	820800	13 : 11	5 : 3
2	739800	5 : 4	7 : 2
3	885600	5 : 7	7 : 5
4	931000	17 : 18	4 : 3
5	999000	5 : 4	5 : 4
6	849000	8 : 7	17 : 13

SubQuestion No : 1

Q.1 The digitally-dependent female population of City-2 is approximately _____ % less than its digitally-dependent male population.

- (1) 20
(2) 10
(3) 30
(4) 80

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817214
Option 1 ID : 76878128105
Option 2 ID : 76878128106
Option 3 ID : 76878128107
Option 4 ID : 76878128108
Status : Answered
Chosen Option : 1

Comprehension:

The following table shows the digitally-dependent population of six different cities (1-6), along with the ratio of Males (M) to Females (F) and ratio of Adults (A) to children (C) among them. Based on the data in the table, answer the questions that follow.

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4	931000	17 : 18	4 : 3
5	999000	5 : 4	5 : 4
6	849000	8 : 7	17 : 13

SubQuestion No : 2

- Q.2 The digitally-dependent adult population is less than 5.165 Lakh for exactly _____ cities.
- (1) 5

(2) 4

(3) 3

(4) 2

- Options
1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817213

Option 1 ID : 76878128101

Option 2 ID : 76878128102

Option 3 ID : 76878128103

Option 4 ID : 76878128104

Status : Answered

Chosen Option : 4

Comprehension:

The following table shows the digitally-dependent population of six different cities (1-6), along with the ratio of Males (M) to Females (F) and ratio of Adults (A) to children (C) among them. Based on the data in the table, answer the questions that follow.

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3	885600	5 : 7	7 : 5
4	931000	17 : 18	4 : 3
5	999000	5 : 4	5 : 4
6	849000	8 : 7	17 : 13

SubQuestion No : 3

- Q.3
- What is the total number (in lakh) of digitally-dependent males in City-3 and City-4 together ?
- (1)

8.496
- (2)

9.452
- (3)

8.212
- (4)

7.568

- Options
1.

1
2.

2
3.

3
4.

4

Question Type : MCQ

Question ID : 7687817215

Option 1 ID : 76878128109

Option 2 ID : 76878128110

Option 3 ID : 76878128111

Option 4 ID : 76878128112

Status : Answered

Chosen Option : 2

Comprehension:

The following table shows the digitally-dependent population of six different cities (1-6), along with the ratio of Males (M) to Females (F) and ratio of Adults (A) to children (C) among them. Based on the data in the table, answer the questions that follow.

City	Digitally-Dependent Population	Digitally Dependent Ratio	
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3	885600	5 : 7	7 : 5
4	931000	17 : 18	4 : 3
5	999000	5 : 4	5 : 4
6	849000	8 : 7	17 : 13

SubQuestion No : 4

Q.4 In City-1, if M and N, respectively, represent the number of Adults and the number of children, who are digitally dependent, then what is the value of $\frac{(M - N)}{17}$?

- (1) 1200
- (2) 1400
- (3) 1000
- (4) 1600

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817217
Option 1 ID : 76878128117
Option 2 ID : 76878128118
Option 3 ID : 76878128119
Option 4 ID : 76878128120
Status : Answered
Chosen Option : 2

Comprehension:

The following table shows the digitally-dependent population of six different cities (1-6), along with the ratio of Males (M) to Females (F) and ratio of Adults (A) to children (C) among them. Based on the data in the table, answer the questions that follow.

City	Digitally-Dependent Population	Digitally Dependent Ratio	
		M : F	A : C
1	820800	13 : 11	5 : 3
2	739800	5 : 4	7 : 2
3	885600	5 : 7	7 : 5
4	931000	17 : 18	4 : 3
5	999000	5 : 4	5 : 4
6	849000	8 : 7	17 : 13

SubQuestion No : 5

- Q.5
- What is the ratio of the number of digitally-dependent females in City-6 to the number of digitally-dependent males in City-4 ?
- (1)

3 : 2
- (2)

17 : 16
- (3)

125 : 283
- (4)

285 : 323

- Options
1.

1
2.

2
3.

3
4.

4

Question Type : MCQ

Question ID : 7687817216

Option 1 ID : 76878128113

Option 2 ID : 76878128114

Option 3 ID : 76878128115

Option 4 ID : 76878128116

Status : Answered

Chosen Option : 3

Q.6 Match List - I with List - II.

List - I		List - II	
(Texture)		(Particle Size in mm)	
A.	Fine Sand	I.	< 0.002
B.	Silt	II.	0.002 - 0.02
C.	Coarse Sand	III.	0.02 - 0.20
D.	Clay	IV.	0.20 - 2.00

Choose the correct answer from the options given below :

- (1) A-II, B-III, C-I, D-IV
- (2) A-I, B-IV, C-II, D-III
- (3) A-I, B-III, C-IV, D-II
- (4) A-III, B-II, C-IV, D-I

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817252
Option 1 ID : 76878128257
Option 2 ID : 76878128258
Option 3 ID : 76878128259
Option 4 ID : 76878128260
Status : Answered
Chosen Option : 3

Q.7 What among the following are the various characteristics of Mass Communication ?

- A. Limited Sensory Channels
- B. Mass Medium
- C. Personal Communication
- D. Gatekeeper
- E. Immediate Feedback

Choose the correct answer from the options given below :

- (1) C and E Only
- (2) A, B and D Only
- (3) A, B and C Only
- (4) C, D and E Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817231
Option 1 ID : 76878128173
Option 2 ID : 76878128174
Option 3 ID : 76878128175
Option 4 ID : 76878128176
Status : Answered
Chosen Option : 2

Q.8

Match List - I with List - II.

List - I
(Research Metric)

A. Impact factor

B. h-index

C. Citation Count

D. i10-index

List - II
(Interpretation)

I. Indicates direct count of papers from an author meeting a minimum citation threshold (Introduced and used by Google Scholar)

II. Measures individual article's or author's impact

III. Measures Journal's influence and prestige

IV. Indicates highest number of manuscripts from an author that all have at least the same number of citations

Choose the correct answer from the options given below :

(1) A-II, B-IV, C-III, D-I

(2) A-III, B-IV, C-II, D-I

(3) A-I, B-III, C-IV, D-II

(4) A-IV, B-I, C-II, D-III

Options

1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **7687817227**

Option 1 ID : **76878128157**

Option 2 ID : **76878128158**

Option 3 ID : **76878128159**

Option 4 ID : **76878128160**

Status : **Answered**

Chosen Option : **2**

Q.9

The average of five consecutive even numbers is X. If the next five even numbers are also added in the list, then find the average of all the ten numbers.

(1) $X + 7$

(2) 15

(3) 16

(4) $X + 2$

Options

1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **7687817233**

Option 1 ID : **76878128181**

Option 2 ID : **76878128182**

Option 3 ID : **76878128183**

Option 4 ID : **76878128184**

Status : **Answered**

Chosen Option : **1**

Q.10 Arrange the following in chronological order.

- A. Establishment of Poona Sanskrit College.
- B. Wood's Dispatch
- C. Appointment of Hunter Commission
- D. Formation of the Hartog Committee

Choose the correct answer from the options given below :

- (1) D, C, B, A
- (2) B, A, C, D
- (3) A, B, C, D
- (4) A, C, B, D

Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817255
Option 1 ID : 76878128269
Option 2 ID : 76878128270
Option 3 ID : 76878128271
Option 4 ID : 76878128272
Status : Answered
Chosen Option : 2

Q.11 Which of the following is concerned with the question of whether the results of a study can be generalised beyond the specific research context ?

- (1) Reliability
- (2) External Validity
- (3) Objectivity
- (4) Internal Validity

Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817223
Option 1 ID : 76878128141
Option 2 ID : 76878128142
Option 3 ID : 76878128143
Option 4 ID : 76878128144
Status : Answered
Chosen Option : 1

- Q.12 Which of the following are features of sound editing software ?
- (1) transactions, templates and fade-out
 - (2) transactions, transparency and voice-over
 - (3) transitions, transparency and templates
 - (4) transitions, fade-out and voice-over

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817243
Option 1 ID : 76878128221
Option 2 ID : 76878128222
Option 3 ID : 76878128223
Option 4 ID : 76878128224
Status : Answered
Chosen Option : 4

- Q.13 Which of the following fallacies involves supporting a proposition with an argument in which that proposition is a premise ?
- (1) False alternative
 - (2) Subjectivism
 - (3) Begging the question
 - (4) Post hoc

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817238
Option 1 ID : 76878128201
Option 2 ID : 76878128202
Option 3 ID : 76878128203
Option 4 ID : 76878128204
Status : Answered
Chosen Option : 1

- Q.14** Which of these is NOT an objective of the Tenth Five Year Plan (2002-2007) ?
- A. Raising the enrolment in higher education of the 18 - 23 year age group.
 - B. Providing Training and Consultancy Services.
 - C. Increasing the number of working days in universities to 180.
 - D. Appointing the four member committee to examine the problem of medium of instruction.
- Choose the **correct** answer from the options given below :
- (1) C and D Only
 - (2) A and B Only
 - (3) B and D Only
 - (4) A and C Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817256**
Option 1 ID : **76878128273**
Option 2 ID : **76878128274**
Option 3 ID : **76878128275**
Option 4 ID : **76878128276**
Status : **Answered**
Chosen Option : **4**

- Q.15** Which of the following are the properties of Ratio Scale of measurement used in research ?
- A. Absolute zero
 - B. Order
 - C. Classification
 - D. Equal Units
- Choose the **correct** answer from the options given below :
- (1) B, C and D Only
 - (2) A, C and D Only
 - (3) A and B Only
 - (4) A, B, C, D

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817226**
Option 1 ID : **76878128153**
Option 2 ID : **76878128154**
Option 3 ID : **76878128155**
Option 4 ID : **76878128156**
Status : **Answered**
Chosen Option : **4**

Q.16 Find the number that can replace question mark (?) in the series given below :
8, 9, 13, 22, 38 ?, 99, 148
(1) 66
(2) 80
(3) 60
(4) 63

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817237**
Option 1 ID : **76878128197**
Option 2 ID : **76878128198**
Option 3 ID : **76878128199**
Option 4 ID : **76878128200**
Status : **Answered**
Chosen Option : **4**

Q.17 According to Wilbur Schramm, communication requires at least which of the following elements ?
A. The source
B. The effect
C. The message
D. The noise
E. The destination
Choose the correct answer from the options given below :
(1) B and D Only
(2) A, B and C Only
(3) A, C and E Only
(4) C, D and E Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817229**
Option 1 ID : **76878128165**
Option 2 ID : **76878128166**
Option 3 ID : **76878128167**
Option 4 ID : **76878128168**
Status : **Answered**
Chosen Option : **3**

Q.18 Match List - I with List - II.

List - I (Proposition)	List - II (Obverse)
A. All monkeys are primates	I. Some monkeys are not non-primates
B. Some monkeys are primates	II. Some monkeys are non-primates
C. Some monkeys are not primates	III. All monkeys are non-primates
D. No monkeys are primates	IV. No monkey is non-primate

Choose the correct answer from the options given below :

- (1) A-II, B-III, C-I, D-IV
(2) A-IV, B-II, C-I, D-III
(3) A-III, B-I, C-II, D-IV
(4) A-IV, B-I, C-II, D-III

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817241
Option 1 ID : 76878128213
Option 2 ID : 76878128214
Option 3 ID : 76878128215
Option 4 ID : 76878128216
Status : Answered
Chosen Option : 3

Q.19 Identify the sequence of research types (A-D) that correctly fills in the blanks in the following paragraph.

_____ research provides the strongest evidence about the existence of cause-and-effect relationships by manipulating variables. _____ research uses the past as a lens to understand the complexities and dynamics of the present. Research conducted to find solution for an immediate problem is _____ research. _____ research aims to express the characteristics of a population or phenomenon without manipulating variables (e.g., "What percentage of students use the library?")

- A. Descriptive
B. Historical
C. Experimental
D. Action

Choose the correct answer from the options given below :

- (1) C, B, D, A
(2) A, C, B, D
(3) B, A, D, C
(4) D, B, A, C

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817225
Option 1 ID : 76878128149
Option 2 ID : 76878128150
Option 3 ID : 76878128151
Option 4 ID : 76878128152
Status : Answered
Chosen Option : 1

Q.20 Which of the following statements are true ?

A. The term 'validity' applies only to deductive arguments.

B. Deductive argument can be 'weak' or 'strong'.

C. In an inductive argument, if the premises are true, the conclusion must also be true.

D. All inductive arguments are either valid or invalid.

Choose the correct answer from the options given below :

(1) B and D Only

(2) C and D Only

(3) A Only

(4) A and C Only

- Options**
1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**

Question ID : **7687817239**

Option 1 ID : **76878128205**

Option 2 ID : **76878128206**

Option 3 ID : **76878128207**

Option 4 ID : **76878128208**

Status : **Answered**

Chosen Option : **1**

Q.21 "A man denies that he is a religious person, therefore, he must be a heretic". Which fallacy is committed in the above statement ?

(1) Hasty generalization

(2) Post hoc

(3) False alternative

(4) Ad hominem

- Options**
1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**

Question ID : **7687817240**

Option 1 ID : **76878128209**

Option 2 ID : **76878128210**

Option 3 ID : **76878128211**

Option 4 ID : **76878128212**

Status : **Answered**

Chosen Option : **3**

Q.22 Mental age and Intelligence Quotient are the indices used to indicate the developmental status of an individual on _____.

- (1) A particular scale of Intelligence
- (2) A particular scale of Efficiency
- (3) A particular scale of Motivation
- (4) A particular scale of professionalism

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817218**
Option 1 ID : **76878128121**
Option 2 ID : **76878128122**
Option 3 ID : **76878128123**
Option 4 ID : **76878128124**
Status : **Answered**
Chosen Option : **1**

Q.23 A sudden uncontrolled descent of mass of earth under the force of gravity is called :

- (1) Soil erosion
- (2) Mining
- (3) Landslide
- (4) Earthquake

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817248**
Option 1 ID : **76878128241**
Option 2 ID : **76878128242**
Option 3 ID : **76878128243**
Option 4 ID : **76878128244**
Status : **Answered**
Chosen Option : **3**

Q.24 Arrange the following in a sequence representing food chain in a grassland ecosystem :

- A. Hawks
- B. Frogs
- C. Grasses
- D. Snakes
- E. Grasshoppers

Choose the correct answer from the options given below :

- (1) C, E, B, D, A
- (2) C, B, E, D, A
- (3) C, E, D, B, A
- (4) A, C, E, B, D

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817250
Option 1 ID : 76878128249
Option 2 ID : 76878128250
Option 3 ID : 76878128251
Option 4 ID : 76878128252
Status : Answered
Chosen Option : 1

Q.25 Which of the following are precursor gases responsible for acid rain formation in the atmosphere ?

- A. Helium
- B. Sulphur dioxide
- C. Chlorofluorocarbons
- D. Nitrogen dioxide

Choose the correct answer from the options given below :

- (1) A and C Only
- (2) A and D Only
- (3) A and B Only
- (4) B and D Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817251
Option 1 ID : 76878128253
Option 2 ID : 76878128254
Option 3 ID : 76878128255
Option 4 ID : 76878128256
Status : Answered
Chosen Option : 4

- Q.26

In a certain language, 'GLAMOUR' is written as 'HNDQTAY'. How 'TELEPHONE' shall be written in that language ?

(1) UGGOUVVNN

(2) UGOIUNVVN

(3) UGIIVNVVN

(4) UGGOVVNNN

- Options
1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817236

Option 1 ID : 76878128193

Option 2 ID : 76878128194

Option 3 ID : 76878128195

Option 4 ID : 76878128196

Status : Answered

Chosen Option : 2

- Q.27

Arrange the following speeds according to their values in decreasing order :
A. A car moving at speed of 40 km/hour
B. A boat moving at speed of 75 m per minute
C. A stream moving at speed of 4.0 m per sec
D. Relative speed of two vehicles moving in same directions with speeds of 30 km/hour and 45 km/hour, respectively
Choose the correct answer from the options given below :

(1) A, D, C, B

(2) D, A, C, B

(3) B, C, D, A

(4) C, B, D, A

- Options
1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817235

Option 1 ID : 76878128189

Option 2 ID : 76878128190

Option 3 ID : 76878128191

Option 4 ID : 76878128192

Status : Answered

Chosen Option : 4

Q.28 Ranks given in a music contest by two judges to eight players (A-H) are given as below.
Judge - 1 : {4, 5, 8, 6, 7, 3, 1, 2}
Judge - 2 : {7, 5, 4, 1, 3, 2, 6, 8}
What is the approximate value of the Spearman's Rank Correlation Coefficient.
(1) 0.632
(2) 0.423
(3) - 0.524
(4) - 0.712

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817224**
Option 1 ID : **76878128145**
Option 2 ID : **76878128146**
Option 3 ID : **76878128147**
Option 4 ID : **76878128148**
Status : **Answered**
Chosen Option : **1**

Q.29 According to Aristotle with reference to Western theories and models of communication, rhetoric is made up of which of the following elements ?
A. The effect
B. The speaker
C. The speech
D. The Noise
E. The listener
Choose the correct answer from the options given below :
(1) A, B and C Only
(2) A and C Only
(3) B, C and E Only
(4) B, C and D Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817230**
Option 1 ID : **76878128169**
Option 2 ID : **76878128170**
Option 3 ID : **76878128171**
Option 4 ID : **76878128172**
Status : **Answered**
Chosen Option : **3**

Q.30 Identify the correct order of (A-D) to fill in the missing terms in the paragraph given below.
_____ connects devices in a single building (home, office). _____ connects networks across countries or continents. _____ connects individual devices (phone, headset) within ~10 meters. _____ connects multiple local area networks across a city.
A. WAN
B. LAN
C. MAN
D. PAN
Choose the correct answer from the options given below :

- (1) C, A, D, B
- (2) B, A, D, C
- (3) A, B, D, C
- (4) B, D, A, C

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817245**
Option 1 ID : **76878128229**
Option 2 ID : **76878128230**
Option 3 ID : **76878128231**
Option 4 ID : **76878128232**
Status : **Answered**
Chosen Option : **2**

Q.31 Who developed 'The Cultivation Theory' ?
(1) Maxwell McCombs
(2) George Gerbner
(3) S.J. Ball Rokeach
(4) Marshall Maeluhan

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817228**
Option 1 ID : **76878128161**
Option 2 ID : **76878128162**
Option 3 ID : **76878128163**
Option 4 ID : **76878128164**
Status : **Answered**
Chosen Option : **2**

Q.32 Arrange these cognitive functions development stages mapped by Jean Piagets in sequence :

- A. Concrete operation stage
- B. Formal operations stage
- C. Proportional stage
- D. Sensory-motor stage

Choose the correct answer from the options given below :

- (1) C, D, B, A
- (2) A, B, C, D
- (3) B, D, A, C
- (4) D, C, A, B

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817220**
Option 1 ID : **76878128129**
Option 2 ID : **76878128130**
Option 3 ID : **76878128131**
Option 4 ID : **76878128132**
Status : **Answered**
Chosen Option : **1**

Q.33 Which of the following pairs of ICT acronyms and their expansions are correctly matched ?

- A. GIF - Graphics Interchange Format
- B. MIME - Multiple Internet Mail Extensions
- C. ISP - Internet Service Provider
- D. DVD - Digital Versatile Disc

Choose the correct answer from the options given below :

- (1) C and D Only
- (2) A and B Only
- (3) A, B and C Only
- (4) A, C and D Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817246**
Option 1 ID : **76878128233**
Option 2 ID : **76878128234**
Option 3 ID : **76878128235**
Option 4 ID : **76878128236**
Status : **Answered**
Chosen Option : **4**

Q.34 Match List - I with List - II.

List - I (Contexts of Learning)	List - II (Activities)
A. Active Learning	I. Two or more students learn together
B. Situated Learning	II. Students doing things and knowing what are they doing
C. Collaborative Learning	III. Learning by imitation
D. Observational Learning	IV. Doing and Learning as per circumstances

Choose the correct answer from the options given below :

(1) A-I, B-III, C-II, D-IV
(2) A-II, B-IV, C-I, D-III
(3) A-I, B-II, C-III, D-IV
(4) A-IV, B-I, C-II, D-III

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817222
Option 1 ID : 76878128137
Option 2 ID : 76878128138
Option 3 ID : 76878128139
Option 4 ID : 76878128140
Status : Answered
Chosen Option : 2

Q.35 Through the "SWAYAM PRABHA" platform, contents are provided by :

A. NPTEL
B. SCERT
C. IGNOU
D. NCTE
E. UGC

Choose the correct answer from the options given below :

(1) A, C and E Only
(2) A, B and D Only
(3) B, D and E Only
(4) B, C and D Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817221
Option 1 ID : 76878128133
Option 2 ID : 76878128134
Option 3 ID : 76878128135
Option 4 ID : 76878128136
Status : Answered
Chosen Option : 1

Q.36 Under the Credit Based Semester System (CBSS), the requirement for awarding a degree/diploma/ certificate is proscribed in terms of _____.

(1) Number of credits to be completed by the students

(2) Number of articles written by the students

(3) Number of books read by the students

(4) Number of proscribed courses selected by the students

- Options
1. 1
2. 2
3. 3
4. 4

Question Type : MCQ

Question ID : 7687817219

Option 1 ID : 76878128125

Option 2 ID : 76878128126

Option 3 ID : 76878128127

Option 4 ID : 76878128128

Status : Answered

Chosen Option : 1

Q.37 Match List - I with List - II.

List - I	List - II
(Educational Institution)	(Founded by)
A. Fergusson College, Poona	I. The Missionaries
B. Gordon College, Rawalpindi	II. Bal Gangadhar Tilak
C. Central Hindu College, Banares	III. Surendra Nath Banerjee
D. Ripon College, Calcutta	IV. Annie Besant

Choose the correct answer from the options given below :

(1) A-I, B-III, C-II, D-IV

(2) A-IV, B-II, C-I, D-III

(3) A-III, B-IV, C-II, D-I

(4) A-II, B-I, C-IV, D-III

- Options
1. 1
2. 2
3. 3
4. 4

Question Type : MCQ

Question ID : 7687817257

Option 1 ID : 76878128277

Option 2 ID : 76878128278

Option 3 ID : 76878128279

Option 4 ID : 76878128280

Status : Answered

Chosen Option : 3

- Q.38

Who was the Chairperson of the education commission appointed by then Union Education minister, M.C. Chagla in 1964 ?

(1) Dr. D.S. Kothari

(2) Dr.S. Radhakrishnan

(3) Dr. Yashpal

(4) Dr. A.L. Modakkar

- Options
1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817253

Option 1 ID : 76878128261

Option 2 ID : 76878128262

Option 3 ID : 76878128263

Option 4 ID : 76878128264

Status : Answered

Chosen Option : 1

- Q.39

If $(1)_{34}$ represents a number 1, in base-M number system, then identify the correct ascending order of the following numbers A-D when converted to decimal number system ?

A. $(11111.11)_2$

B. $(37.5)_8$

C. $(133.2)_4$

D. $(1F.6)_{16}$

Choose the correct answer from the options given below :

(1) D, C, B, A

(2) A, B, C, D

(3) B, A, D, C

(4) C, D, A, B

- Options
1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817244

Option 1 ID : 76878128225

Option 2 ID : 76878128226

Option 3 ID : 76878128227

Option 4 ID : 76878128228

Status : Answered

Chosen Option : 1

Q.40 Match List - I with List - II.

List - I (Digital Space)	List - II (Primary Function)
A. Wiki	I. Micro-blogging and short updates
B. Podcast	II. Live synchronous video conferencing
C. Twitter (X)	III. Collaborative content editing
D. Google Meet	IV. Digital audio series for streaming

Choose the correct answer from the options given below :

- (1) A-III, B-I, C-IV, D-II
- (2) A-II, B-III, C-I, D-IV
- (3) A-III, B-IV, C-I, D-II
- (4) A-IV, B-II, C-I, D-III

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817247
Option 1 ID : 76878128237
Option 2 ID : 76878128238
Option 3 ID : 76878128239
Option 4 ID : 76878128240
Status : Answered
Chosen Option : 3

Q.41 The two numbers are such that the ratio between them is 5 : 8. If 4 is subtracted from each of them, the ratio between them becomes 7 : 12. Find the numbers.

- (1) 25, 40
- (2) 20, 40
- (3) 25, 50
- (4) 15, 25

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817234
Option 1 ID : 76878128185
Option 2 ID : 76878128186
Option 3 ID : 76878128187
Option 4 ID : 76878128188
Status : Answered
Chosen Option : 1

Q.42 Arrange the following coal types in the increasing order of their carbon content :

- A. Lignite
- B. Bituminous
- C. Anthracite
- D. Sub-bituminous
- E. Peat

Choose the correct answer from the options given below :

- (1) C, B, A, D, E
- (2) B, D, C, A, E
- (3) A, E, B, D, C
- (4) E, A, D, B, C

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817249
Option 1 ID : 76878128245
Option 2 ID : 76878128246
Option 3 ID : 76878128247
Option 4 ID : 76878128248
Status : Answered
Chosen Option : 4

Q.43 Match List - I with List - II.

List - I (Events)	List - II (Year)
A. Beginning of Television in India	I. 1984
B. Introduction of the satellite Instructional Television Experiment (SITE)	II. 1991
C. Introduction of India's first soap opera 'Hum Log'	III. 1975
D. The Gulf war coverage by CNN	IV. 1959

Choose the correct answer from the options given below :

- (1) A-IV, B-III, C-I, D-II
- (2) A-I, B-II, C-III, D-IV
- (3) A-II, B-III, C-IV, D-I
- (4) A-III, B-II, C-IV, D-I

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817232
Option 1 ID : 76878128177
Option 2 ID : 76878128178
Option 3 ID : 76878128179
Option 4 ID : 76878128180
Status : Answered
Chosen Option : 4

Q.44 During British Colonial period who among the following thought that the government supported education was producing among educated Indians a sense of revolt against the principles of discipline, religion and contentment ?

(1) Sir William Hunter
(2) Lord Dalhousie
(3) Lord Ripon
(4) Dr. John Wilson

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817254**
Option 1 ID : **76878128265**
Option 2 ID : **76878128266**
Option 3 ID : **76878128267**
Option 4 ID : **76878128268**
Status : **Answered**
Chosen Option : **1**

Q.45 As per classical Indian School of logic which of the following arguments involve irregular middle ?

A. The hill has fire because it is knowable
B. Wherever there is fire, there is smoke
C. Sound is eternal because it is produced.
D. All things are non-eternal, because they are knowable

Choose the correct answer from the options given below :

(1) A and D Only
(2) B and C Only
(3) C and D Only
(4) A and C Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817242**
Option 1 ID : **76878128217**
Option 2 ID : **76878128218**
Option 3 ID : **76878128219**
Option 4 ID : **76878128220**
Status : **Answered**
Chosen Option : **2**

Comprehension:

Read the passage given below and answer questions :

The school age period is one of steady growth, usually with fewer feeding problems than during toddler and preschool years. A natural increase in appetite is responsible for an increase in food consumption. The child's growing independence leads to a gradual transfer of control of food selection from the parent to the child.

Parents or caretakers should provide nutrition education for their children as being role models. Parents should encourage the child to eat appropriate portion size, eating a variety of foods and trying new foods. Negative behaviours such as using food as an emotional coping mechanism or as a reward, should be discouraged. Parents should establish in children healthy eating habits for lowering the risks for nutrition-related chronic diseases.

Between the ages of 8 to 11, some girls may be at risk for developing eating disorders. Snacks remain an important part of the diet. The meal taken on return from school is important to meet the nutritional requirement and to have interaction with parents. Children who do not eat breakfast at home are more likely to buy junkfood. Parents should give healthful breakfast at home before sending children to school.

Though media influence diet choices of children, parents should know nutritional facts and suggest to their children. Government should regulate advertisements aimed at children.

SubQuestion No : 46

Q.46

The diet choices of children to a large extent are influenced by :

- (1) Media
- (2) Peers
- (3) Teachers
- (4) Books

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817260
Option 1 ID : 76878128285
Option 2 ID : 76878128286
Option 3 ID : 76878128287
Option 4 ID : 76878128288
Status : Answered
Chosen Option : 1

Comprehension:

Read the passage given below and answer questions :

The school age period is one of steady growth, usually with fewer feeding problems than during toddler and preschool years. A natural increase in appetite is responsible for an increase in food consumption. The child's growing independence leads to a gradual transfer of control of food selection from the parent to the child.

Parents or caretakers should provide nutrition education for their children as being role models. Parents should encourage the child to eat appropriate portion size, eating a variety of foods and trying new foods. Negative behaviours such as using food as an emotional coping mechanism or as a reward, should be discouraged. Parents should establish in children healthy eating habits for lowering the risks for nutrition-related chronic diseases.

Between the ages of 8 to 11, some girls may be at risk for developing eating disorders. Snacks remain an important part of the diet. The meal taken on return from school is important to meet the nutritional requirement and to have interaction with parents. Children who do not eat breakfast at home are more likely to buy junkfood. Parents should give healthful breakfast at home before sending children to school.

Though media influence diet choices of children, parents should know nutritional facts and suggest to their children. Government should regulate advertisements aimed at children.

SubQuestion No : 47

Q.47

Which of the following groups can develop eating disorders ?

- (1) Boys from age 12-14 years
- (2) Girls from age 12-14 years
- (3) Girls from age 8-11 years
- (4) Boys from age 8-11 years

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817261**
Option 1 ID : **76878128289**
Option 2 ID : **76878128290**
Option 3 ID : **76878128291**
Option 4 ID : **76878128292**
Status : **Answered**
Chosen Option : **3**

Comprehension:

Read the passage given below and answer questions :

The school age period is one of steady growth, usually with fewer feeding problems than during toddler and preschool years. A natural increase in appetite is responsible for an increase in food consumption. The child's growing independence leads to a gradual transfer of control of food selection from the parent to the child.

Parents or caretakers should provide nutrition education for their children as being role models. Parents should encourage the child to eat appropriate portion size, eating a variety of foods and trying new foods. Negative behaviours such as using food as an emotional coping mechanism or as a reward, should be discouraged. Parents should establish in children healthy eating habits for lowering the risks for nutrition-related chronic diseases.

Between the ages of 8 to 11, some girls may be at risk for developing eating disorders. Snacks remain an important part of the diet. The meal taken on return from school is important to meet the nutritional requirement and to have interaction with parents. Children who do not eat breakfast at home are more likely to buy junkfood. Parents should give healthful breakfast at home before sending children to school.

Though media influence diet choices of children, parents should know nutritional facts and suggest to their children. Government should regulate advertisements aimed at children.

SubQuestion No : 48

Q.48

As per the given passage, children can acquire nutrition education from parents and caretakers since they are :

- (1) Well wishers
- (2) Role models
- (3) Grown ups
- (4) Authority figures

Options 1. 1

2. 2

3. 3

4. 4

Question Type : MCQ
Question ID : 7687817259
Option 1 ID : 76878128281
Option 2 ID : 76878128282
Option 3 ID : 76878128283
Option 4 ID : 76878128284
Status : Answered
Chosen Option : 2

Comprehension:

Read the passage given below and answer questions :

The school age period is one of steady growth, usually with fewer feeding problems than during toddler and preschool years. A natural increase in appetite is responsible for an increase in food consumption. The child's growing independence leads to a gradual transfer of control of food selection from the parent to the child.

Parents or caretakers should provide nutrition education for their children as being role models. Parents should encourage the child to eat appropriate portion size, eating a variety of foods and trying new foods. Negative behaviours such as using food as an emotional coping mechanism or as a reward, should be discouraged. Parents should establish in children healthy eating habits for lowering the risks for nutrition-related chronic diseases.

Between the ages of 8 to 11, some girls may be at risk for developing eating disorders. Snacks remain an important part of the diet. The meal taken on return from school is important to meet the nutritional requirement and to have interaction with parents. Children who do not eat breakfast at home are more likely to buy junkfood. Parents should give healthful breakfast at home before sending children to school.

Though media influence diet choices of children, parents should know nutritional facts and suggest to their children. Government should regulate advertisements aimed at children.

SubQuestion No : 49

Q.49

During school age years, feeding problems are less as compared to :

- (1) Pre school years only
- (2) Teenage years only
- (3) Toddler years only
- (4) Toddler and preschool years

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817263
Option 1 ID : 76878128297
Option 2 ID : 76878128298
Option 3 ID : 76878128299
Option 4 ID : 76878128300
Status : Answered
Chosen Option : 4

Comprehension:

Read the passage given below and answer questions :

The school age period is one of steady growth, usually with fewer feeding problems than during toddler and preschool years. A natural increase in appetite is responsible for an increase in food consumption. The child's growing independence leads to a gradual transfer of control of food selection from the parent to the child.

Parents or caretakers should provide nutrition education for their children as being role models. Parents should encourage the child to eat appropriate portion size, eating a variety of foods and trying new foods. Negative behaviours such as using food as an emotional coping mechanism or as a reward, should be discouraged. Parents should establish in children healthy eating habits for lowering the risks for nutrition-related chronic diseases.

Between the ages of 8 to 11, some girls may be at risk for developing eating disorders. Snacks remain an important part of the diet. The meal taken on return from school is important to meet the nutritional requirement and to have interaction with parents. Children who do not eat breakfast at home are more likely to buy junkfood. Parents should give healthful breakfast at home before sending children to school.

Though media influence diet choices of children, parents should know nutritional facts and suggest to their children. Government should regulate advertisements aimed at children.

SubQuestion No : 50

Q.50

Which of these practices is advised in the passage ?

- (1) Breakfast should not be skipped.
- (2) Junk food should form part of the diet.
- (3) New foods should be tried.
- (4) Advertisements targeted at children must not be regulated.

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817262
Option 1 ID : 76878128293
Option 2 ID : 76878128294
Option 3 ID : 76878128295
Option 4 ID : 76878128296
Status : Answered
Chosen Option : 3

- Q.51** Which of the following statements about $\dot{V}O_2$ max estimation in the Queens college step test are correct ?
- A. $\dot{V}O_2$ max for men is calculated as $111.33 - (0.42 \times HR)$
 - B. $\dot{V}O_2$ max for women is calculated as $65.81 - (0.1847 \times HR)$
 - C. HR (heart rate) is measured immediately after exercise for 30 seconds.
 - D. The 15 second HR count is multiplied by 4 to get beats per minute.
- Choose the correct answer from the options given below :
- (1) A, C and D Only
 - (2) B and C Only
 - (3) B, C and D Only
 - (4) A, B and D Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817337**
Option 1 ID : **76878128593**
Option 2 ID : **76878128594**
Option 3 ID : **76878128595**
Option 4 ID : **76878128596**
Status : **Answered**
Chosen Option : **2**

- Q.52** Match List - I with List - II,
- | List - I
(Disease) | List - II
(Virus/Bacteria) |
|-------------------------|--|
| A. Gonorrhea | I. Caused by simple bacterium <i>Chlamydia trachomatis</i> |
| B. Syphilis | II. Caused by virus <i>Herpes simplex</i> |
| C. Genital Herpes | III. Caused by bacterium <i>Treponema pallidum</i> |
| D. Chlamydial Infection | IV. Caused by bacterium <i>Neisseria gonorrhoeae</i> |
- Choose the correct answer from the options given below :
- (1) A-II, B-IV, C-I, D-III
 - (2) A-IV, B-III, C-II, D-I
 - (3) A-III, B-IV, C-I, D-II
 - (4) A-IV, B-I, C-II, D-III

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817347**
Option 1 ID : **76878128633**
Option 2 ID : **76878128634**
Option 3 ID : **76878128635**
Option 4 ID : **76878128636**
Status : **Answered**
Chosen Option : **2**

Q.53 What are the different phases of General Adaptation Syndrome (GAS) ?

- A. Alarm phase
- B. Resistance phase
- C. Exhaustion phase
- D. Restoration phase

Choose the correct answer from the options given below :

- (1) A, B and C Only
- (2) A, C and D Only
- (3) B, C and D Only
- (4) B and C Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817333
Option 1 ID : 76878128577
Option 2 ID : 76878128578
Option 3 ID : 76878128579
Option 4 ID : 76878128580
Status : Answered
Chosen Option : 3

Q.54 In Stretch Shortening Cycle (SSC), which factor contribute the most to increase power out-put.

- (1) Longer ground contact time to fully utilize elastic energy.
- (2) Increase reliance on slow twitch muscle fibre.
- (3) Rapid transition from Eccentric to concentric contraction
- (4) Concentric muscle action occur prior to Eccentric muscle action

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817290
Option 1 ID : 76878128405
Option 2 ID : 76878128406
Option 3 ID : 76878128407
Option 4 ID : 76878128408
Status : Answered
Chosen Option : 1

Q.55 The Conjugated Sequence Loading structure is also referred as :

- (1) Step Loading System
- (2) Concentrated Loading System
- (3) Flat Loading System
- (4) Coupled Successive System

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817289
Option 1 ID : 76878128401
Option 2 ID : 76878128402
Option 3 ID : 76878128403
Option 4 ID : 76878128404
Status : Answered
Chosen Option : 2

Q.56 Ability to realize position of the body or its parts in space and time is known as :

- (1) Combinatory ability
- (2) Kinesithetic differentiation ability
- (3) Orientation ability
- (4) Reactive acceleration

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817275
Option 1 ID : 76878128345
Option 2 ID : 76878128346
Option 3 ID : 76878128347
Option 4 ID : 76878128348
Status : Answered
Chosen Option : 2

Q.57 A questionnaire may be considered to be reliable only if Cronbach's alpha is :
(1) less than 0.4
(2) less than 0.06
(3) Greater than 0.7
(4) Greater than 0.9

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817297**
Option 1 ID : **76878128433**
Option 2 ID : **76878128434**
Option 3 ID : **76878128435**
Option 4 ID : **76878128436**
Status : **Answered**
Chosen Option : **1**

Q.58 Arrange the following traditional periodization progression for endurance athletes :
A. Tempo session
B. Endurance session
C. Lactate threshold session
D. Maximal effort session
Choose the correct answer from the options given below :
(1) B, C, A, D
(2) B, A, C, D
(3) D, A, B, C
(4) A, B, C, D

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817314**
Option 1 ID : **76878128501**
Option 2 ID : **76878128502**
Option 3 ID : **76878128503**
Option 4 ID : **76878128504**
Status : **Answered**
Chosen Option : **1**

Q.59 The two basic principles of management are :
(1) Authority and Discipline
(2) Direction and Command
(3) Centralization and Subordination of individual interest
(4) Discipline and Order

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817306
Option 1 ID : 76878128469
Option 2 ID : 76878128470
Option 3 ID : 76878128471
Option 4 ID : 76878128472
Status : Answered
Chosen Option : 2

Q.60 If an athlete ran 25 Km in 1 hour and 15 minutes what was the athlete's average speed ?
(1) 15 Km per hour (Kph)
(2) 18 per hour (Kph)
(3) 20 per hour (Kph)
(4) 31.25 per hour (Kph)

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817278
Option 1 ID : 76878128357
Option 2 ID : 76878128358
Option 3 ID : 76878128359
Option 4 ID : 76878128360
Status : Answered
Chosen Option : 3

Q.61 Which of the following statements are true in sports training ?

- A. Failure to overload tissue sufficiently will result in loss of the benefits gained through training adaptation.
- B. If the stress is removed and training ceases, detraining will occur in the motor system.
- C. The motor system adapts to the level and type of stress that is imposed on it.
- D. Tapering involves the total reduction in training volume prior to a competition.

Choose the correct answer from the options given below :

- (1) A and C Only
- (2) B, C and D Only
- (3) C and D Only
- (4) A, B and C Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817334**
Option 1 ID : **76878128581**
Option 2 ID : **76878128582**
Option 3 ID : **76878128583**
Option 4 ID : **76878128584**
Status : **Answered**
Chosen Option : **3**

Q.62 What does the Null hypothesis represent in hypothesis testing ?

- (1) The presence of an effect or difference
- (2) The default or no-effect scenario
- (3) The conclusion that must always be accepted
- (4) A statement that is never tested

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817300**
Option 1 ID : **76878128445**
Option 2 ID : **76878128446**
Option 3 ID : **76878128447**
Option 4 ID : **76878128448**
Status : **Answered**
Chosen Option : **2**

Q.63 What are the example of scale quantity ?

- A. Position
- B. Displacement
- C. Speed
- D. Velocity

Choose the correct answer from the options given below :

- (1) A, C and D Only
- (2) A and C Only
- (3) B and D Only
- (4) B, C and D Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817324
Option 1 ID : 76878128541
Option 2 ID : 76878128542
Option 3 ID : 76878128543
Option 4 ID : 76878128544
Status : Answered
Chosen Option : 2

Q.64 How does the accumulation of H⁺ ions affect muscle function during intense exercise ?

- (1) Enhance enzyme activity for ATP production
- (2) Increases oxygen delivery to muscle fibres
- (3) Decreases muscles pH, distributing cellular processes
- (4) Accelerates glycogen synthesis

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817269
Option 1 ID : 76878128321
Option 2 ID : 76878128322
Option 3 ID : 76878128323
Option 4 ID : 76878128324
Status : Answered
Chosen Option : 3

- Q.65 Which substances or agents are known as Carcinogens ?
- A. Antioxidants
 - B. Asbestos
 - C. Caffeine
 - D. Tobacco smoke

Choose the correct answer from the options given below :

- (1) A and B Only
- (2) B, C and D Only
- (3) A, B and C Only
- (4) B and D Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817331
Option 1 ID : 76878128569
Option 2 ID : 76878128570
Option 3 ID : 76878128571
Option 4 ID : 76878128572
Status : Answered
Chosen Option : 4

- Q.66 The first master's degree program in sports management was established at :
- (1) University of Canberra
 - (2) Oxford University
 - (3) The Ohio University
 - (4) Sheffield University

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817305
Option 1 ID : 76878128465
Option 2 ID : 76878128466
Option 3 ID : 76878128467
Option 4 ID : 76878128468
Status : Answered
Chosen Option : 4

- Q.67 The Rorschach projective assessment test of personality is also known as :
- (1) Thematic apperception test
 - (2) The sentence completion test
 - (3) The inkblot test
 - (4) The house-tree-person test

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817282
Option 1 ID : 76878128373
Option 2 ID : 76878128374
Option 3 ID : 76878128375
Option 4 ID : 76878128376
Status : Answered
Chosen Option : 2

- Q.68 Match List - I with List - II.

List - I	List - II
A. Circuit Training	I. J.j. Perrine
B. Fartlek Training	II. De Lorene
C. Isokinetic Exercise	III. R.e. Morgan
D. Isotonic Exercise	IV. Gosta Holmer

Choose the correct answer from the options given below :

- (1) A-I, B-II, C-III, D-IV
- (2) A-II, B-IV, C-III, D-I
- (3) A-III, B-IV, C-I, D-II
- (4) A-IV, B-II, C-III, D-I

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817349
Option 1 ID : 76878128641
Option 2 ID : 76878128642
Option 3 ID : 76878128643
Option 4 ID : 76878128644
Status : Answered
Chosen Option : 3

Q.69 Find the total caloric value of a meat containing the following nutrients :
10g of carbohydrates , 6g of protein and 5g of fat.
(1) 129 Kcal
(2) 109 Kcal
(3) 134 Kcal
(4) 84 Kcal

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817271**
Option 1 ID : **76878128329**
Option 2 ID : **76878128330**
Option 3 ID : **76878128331**
Option 4 ID : **76878128332**
Status : **Answered**
Chosen Option : **2**

Q.70 Match List - I with List - II.

List - I	List - II
VITAMIN	FUNCTION
A. Niacin	I. Vital for blood formation and healthy nervous system
B. Folate	II. Assists in the metabolism of fatty acids
C. Biotin	III. Reduces risk of neural tube birth defects
D. Cobalamin	IV. Coenzyme for carbohydrate protein and for metabolism

Choose the correct answer from the options given below :

- (1) A-II, B-I, C-IV, D-III
- (2) A-II, B-IV, C-I, D-III
- (3) A-IV, B-III, C-II, D-I
- (4) A-III, B-I, C-IV, D-II

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817345**
Option 1 ID : **76878128625**
Option 2 ID : **76878128626**
Option 3 ID : **76878128627**
Option 4 ID : **76878128628**
Status : **Answered**
Chosen Option : **3**

Q.71 Which is not a measure of dispersion ?

- (1) Range
- (2) Mean deviation
- (3) Standard deviation
- (4) Arithmetic average

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817295
Option 1 ID : 76878128425
Option 2 ID : 76878128426
Option 3 ID : 76878128427
Option 4 ID : 76878128428
Status : Answered
Chosen Option : 4

Q.72 Find the correct sequencing order of Radian in increasing degree :

- A. π Radian
- B. $\frac{3\pi}{2}$ Radian
- C. $\frac{\pi}{3}$ Radian
- D. 2π Radian
- E. $\frac{3\pi}{4}$ Radian

Choose the correct answer from the options given below :

- (1) E, C, A, D, B
- (2) D, A, C, E, B
- (3) A, D, B, C, E
- (4) C, E, A, B, D

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817310
Option 1 ID : 76878128485
Option 2 ID : 76878128486
Option 3 ID : 76878128487
Option 4 ID : 76878128488
Status : Answered
Chosen Option : 4

Q.73 Which of the following is an example of motor skill classified under open skill ?

- (1) Basketball free throw
- (2) Soccer dribble
- (3) Volleyball serve
- (4) Tennis serve

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817283
Option 1 ID : 76878128377
Option 2 ID : 76878128378
Option 3 ID : 76878128379
Option 4 ID : 76878128380
Status : Answered
Chosen Option : 4

Q.74 Identify the correct sequential order of distinct phases of the cardiac cycle :

- A. Ventricular filling
- B. Ventricular ejection
- C. Isovolumetric relaxation
- D. Isovolumetric contraction

Choose the correct answer from the options given below :

- (1) A, D, B, C
- (2) A, B, C, D
- (3) D, C, B, A
- (4) D, B, C, A

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817309
Option 1 ID : 76878128481
Option 2 ID : 76878128482
Option 3 ID : 76878128483
Option 4 ID : 76878128484
Status : Answered
Chosen Option : 1

Q.75 Match List - I with List - II.

List - I (Neuroglia Name)	List - II (Function)
A. Oligodendrocytes	I. Contribute to the blood-brain barrier.
B. Microglia	II. Line the ventricles of the brain.
C. Astrocytes	III. Capable of movement and phagocytosis of pathogens
D. Ependyma	IV. Produce the myelin sheath to electrically insulate neurons of CNS

Choose the correct answer from the options given below :

- (1) A-IV, B-I, C-II, D-III
- (2) A-III, B-I, C-IV, D-II
- (3) A-II, B-IV, C-I, D-III
- (4) A-IV, B-III, C-I, D-II

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817341
Option 1 ID : 76878128609
Option 2 ID : 76878128610
Option 3 ID : 76878128611
Option 4 ID : 76878128612
Status : Answered
Chosen Option : 2

Q.76 Write the sequential steps in the literature search :

- A. Write the literature review
- B. Determine descriptors
- C. Write the problem statement and consult secondary sources
- D. Read and record the literature
- E. Conduct computer-aided searches

Choose the correct answer from the options given below :

- (1) E, C, B, A, D
- (2) C, B, D, A, E
- (3) B, E, C, D, A
- (4) C, B, E, D, A

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817316
Option 1 ID : 76878128509
Option 2 ID : 76878128510
Option 3 ID : 76878128511
Option 4 ID : 76878128512
Status : Answered
Chosen Option : 4

Q.77 What are the Olympic values ?

- A. Excellence
- B. Respect
- C. Friendship
- D. Sustainability

Choose the correct answer from the options given below :

- (1) A and C Only
- (2) A, B and C Only
- (3) B, C and D Only
- (4) C and D Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817321
Option 1 ID : 76878128529
Option 2 ID : 76878128530
Option 3 ID : 76878128531
Option 4 ID : 76878128532
Status : Answered
Chosen Option : 2

Q.78 Arrange the following sources of self-confidence in descending order of importance according to professor-Albert Bandura and Deborah Poff :

- A. Vicarious experience
- B. Emotional states
- C. Performance accomplishments
- D. Verbal persuasion

Choose the correct answer from the options given below :

- (1) A, C, D, B
- (2) B, A, D, C
- (3) D, B, C, A
- (4) C, A, D, B

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817312
Option 1 ID : 76878128493
Option 2 ID : 76878128494
Option 3 ID : 76878128495
Option 4 ID : 76878128496
Status : Answered
Chosen Option : 4

Q.79 Which of the following are examples of assessment techniques used in formal evaluation ?

- A. Skill tests
- B. Records of performance
- C. Rating scales
- D. Peer assessment using checklist
- E. Fitnessgram

Choose the correct answer from the options given below :

- (1) A, B and C Only
- (2) B, C and D Only
- (3) C, D and E Only
- (4) A, B and E Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817328**
Option 1 ID : **76878128557**
Option 2 ID : **76878128558**
Option 3 ID : **76878128559**
Option 4 ID : **76878128560**
Status : **Answered**
Chosen Option : **4**

Q.80 Arrange the following games in chronological order :

- A. Commonwealth Paraplegic Games
- B. Commonwealth Winter Games
- C. Commonwealth Youth Games
- D. Commonwealth E-sports Championship

Choose the correct answer from the options given below :

- (1) A, B, C, D
- (2) B, A, C, D
- (3) A, C, B, D
- (4) B, A, D, C

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817307**
Option 1 ID : **76878128473**
Option 2 ID : **76878128474**
Option 3 ID : **76878128475**
Option 4 ID : **76878128476**
Status : **Answered**
Chosen Option : **2**

Q.81 Which is the correct sequential order of the series of stages that help athletes and coaches use goal setting ?

- A. Determine athlete's long-term aims
- B. Detail a plan for achieving the long and short term goals
- C. Identify the specific attributes needed to attain the long term goal
- D. Regularly review progress
- E. Implement the plan

Choose the correct answer from the options given below :

- (1) A, B, E, C, D
- (2) A, C, B, E, D
- (3) B, C, D, E, A
- (4) E, D, A, B, C

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817311**
Option 1 ID : **76878128489**
Option 2 ID : **76878128490**
Option 3 ID : **76878128491**
Option 4 ID : **76878128492**
Status : **Answered**
Chosen Option : **2**

Q.82 Which of these is a non probability sampling example ?

- A. Chain-Referral sampling
- B. Judgmental sampling
- C. Quota sampling
- D. Cluster sampling

Choose the correct answer from the options given below :

- (1) A, B and C Only
- (2) A, C and D Only
- (3) B and D Only
- (4) A and C Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817335**
Option 1 ID : **76878128585**
Option 2 ID : **76878128586**
Option 3 ID : **76878128587**
Option 4 ID : **76878128588**
Status : **Answered**
Chosen Option : **1**

Q.83 The training Phenomena called "Super Compensation" is also known as :

- (1) Over Training Effect
- (2) Recovery Adaptation
- (3) Post Training Rebound
- (4) Weigert" S Law

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817291**
Option 1 ID : **76878128409**
Option 2 ID : **76878128410**
Option 3 ID : **76878128411**
Option 4 ID : **76878128412**
Status : **Answered**
Chosen Option : **2**

Q.84 What type of fatigue impacts the whole body irrespective of where or how it was generated ?

- (1) Local fatigue
- (2) Systemic fatigue
- (3) Axial fatigue
- (4) Muscular specific fatigue

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817292**
Option 1 ID : **76878128413**
Option 2 ID : **76878128414**
Option 3 ID : **76878128415**
Option 4 ID : **76878128416**
Status : **Answered**
Chosen Option : **2**

- Q.85 Withdrawing and reinfusing the same person's blood is known as :
- (1) Homologous transfusion
 - (2) Allogenic transfusion
 - (3) Autologous transfusion
 - (4) Heterologous transfusion

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817270
Option 1 ID : 76878128325
Option 2 ID : 76878128326
Option 3 ID : 76878128327
Option 4 ID : 76878128328
Status : Answered
Chosen Option : 1

- Q.86 Match List - I with List - II.
- | List - I | List - II |
|-----------------|--|
| A. Force | I. A force applies to an object causing it to rotate around a axis. |
| B. Power | II. The distribution of force across a surface. |
| C. Torque | III. A force causing deformation or change in objects shape. |
| D. Shear Stress | IV. The ability to perform work overtime, related to force and velocity. |
- Choose the correct answer from the options given below :
- (1) A-II, B-IV, C-I, D-III
 - (2) A-III, B-IV, C-II, D-I
 - (3) A-C, B-III, C-IV, D-II
 - (4) A-III, B-IV, C-I, D-II

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817343
Option 1 ID : 76878128617
Option 2 ID : 76878128618
Option 3 ID : 76878128619
Option 4 ID : 76878128620
Status : Answered
Chosen Option : 1

Q.87 What does the ponderal Index measures ?

- (1) Body fat percentage
- (2) Body mass per unit height
- (3) Body weight relative to height cubed
- (4) Lean body mass

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817303**
Option 1 ID : **76878128457**
Option 2 ID : **76878128458**
Option 3 ID : **76878128459**
Option 4 ID : **76878128460**
Status : **Answered**
Chosen Option : **3**

Q.88 The Chi-Square test cannot be used as a :

- (1) Goodness of fit test
- (2) Test of association
- (3) Test of homogeneity
- (4) Measure of comparison of means

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817296**
Option 1 ID : **76878128429**
Option 2 ID : **76878128430**
Option 3 ID : **76878128431**
Option 4 ID : **76878128432**
Status : **Answered**
Chosen Option : **4**

Q.89 Unscientific methods of problem solving includes :

- A. Rationalistic method
- B. Tenacity
- C. Form a hypothesis
- D. Empirical method

Choose the correct answer from the options given below :

- (1) A and D Only
- (2) A, C and D Only
- (3) B and C Only
- (4) A, B and D Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817336
Option 1 ID : 76878128589
Option 2 ID : 76878128590
Option 3 ID : 76878128591
Option 4 ID : 76878128592
Status : Answered
Chosen Option : 4

Q.90 The development of content by a teacher is achieved through the integration of which of the following moves ?

- A. Retention
- B. Extension
- C. Refinement
- D. Application

Choose the correct answer from the options given below :

- (1) B, C and D Only
- (2) A, B and C Only
- (3) C and D Only
- (4) A, C and D Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817329
Option 1 ID : 76878128561
Option 2 ID : 76878128562
Option 3 ID : 76878128563
Option 4 ID : 76878128564
Status : Answered
Chosen Option : 2

Q.91 A concept or characteristic that is used to subdivide the population into smaller groups is known as :

- (1) Sample
- (2) Stratum
- (3) Population
- (4) Focus

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817293**
Option 1 ID : **76878128417**
Option 2 ID : **76878128418**
Option 3 ID : **76878128419**
Option 4 ID : **76878128420**
Status : **Answered**
Chosen Option : **2**

Q.92 Which of the following has been called as the executive psychological skill ?

- (1) Concentration
- (2) Goal Setting
- (3) Self-confidence
- (4) Mental practice

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817280**
Option 1 ID : **76878128365**
Option 2 ID : **76878128366**
Option 3 ID : **76878128367**
Option 4 ID : **76878128368**
Status : **Answered**
Chosen Option : **2**

- Q.93 Find the correct sequential order of writing a research report section :
- A. Executive summary
 - B. Purpose of the study
 - C. Methods and Results
 - D. Background information and justification
 - E. Summary conclusion and recommendation

Choose the correct answer from the options given below :

- (1) D, B, C, E, A
- (2) B, D, C, E, A
- (3) A, B, D, C, E
- (4) B, A, D, C, E

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817318
Option 1 ID : 76878128517
Option 2 ID : 76878128518
Option 3 ID : 76878128519
Option 4 ID : 76878128520
Status : Answered
Chosen Option : 4

- Q.94 Match List - I with List - II.
- | List - I
(Periodization models) | List - II
(Important aspects) |
|------------------------------------|--|
| A. Block periodization | I. Develops multiple physical qualities simultaneously. |
| B. Conjugate periodization | II. Gradual increase in intensity while decreasing volume. |
| C. Non-linear periodization | III. Focuses on one physical quality per training block. |
| D. Linear periodization | IV. Frequent variation in intensity and volume within short periods. |
- Choose the correct answer from the options given below :
- (1) A-III, B-I, C-IV, D-II
 - (2) A-II, B-I, C-III, D-IV
 - (3) A-IV, B-II, C-III, D-I
 - (4) A-II, B-I, C-IV, D-III

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817350
Option 1 ID : 76878128645
Option 2 ID : 76878128646
Option 3 ID : 76878128647
Option 4 ID : 76878128648
Status : Answered
Chosen Option : 1

Q.95 The curriculum of a philanthropinum was guided by :

- (1) Philosophy of pragmatism
- (2) Philosophy of humanism
- (3) Philosophy of Idealism
- (4) Philosophy of Naturalism

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817264
Option 1 ID : 76878128301
Option 2 ID : 76878128302
Option 3 ID : 76878128303
Option 4 ID : 76878128304
Status : Answered
Chosen Option : 4

Q.96 Categorical variable uses which type of measurement scale ?

- (1) Nominal
- (2) Ordinal
- (3) Interval
- (4) Ratio

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817294
Option 1 ID : 76878128421
Option 2 ID : 76878128422
Option 3 ID : 76878128423
Option 4 ID : 76878128424
Status : Answered
Chosen Option : 1

Q.97 Who is the World athlete of the year 2023 in Men's field category ?

- (1) Mondo Duplantis
- (2) Kelvin Kiptum
- (3) Noah Lyles
- (4) Tigist Assefa

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817268
Option 1 ID : 76878128317
Option 2 ID : 76878128318
Option 3 ID : 76878128319
Option 4 ID : 76878128320
Status : Answered
Chosen Option : 2

Q.98 Arrange the following steps in the correct order when applying ANCOVA in sports science research :

- A. Apply ANCOVA to adjust for the influence of covariates and refine the results
- B. Collect data on both the dependent variable and covariates
- C. Control for confounding variables such as age, experience
- D. Analyze the adjusted group differences to determine the true effect of the intervention

Choose the correct answer from the options given below :

- (1) D, C, A, B
- (2) B, C, A, D
- (3) C, B, A, D
- (4) A, B, D, C

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817317
Option 1 ID : 76878128513
Option 2 ID : 76878128514
Option 3 ID : 76878128515
Option 4 ID : 76878128516
Status : Answered
Chosen Option : 3

Q.99 Choose the incorrect statements about micronutrients :

- A. Micronutrients, which include water, vitamins and minerals.
- B. Micronutrients are needed to fuel all physiological function within the body.
- C. Micronutrients not only provide nutrients but also calories.
- D. Micronutrients do not provide energy.

Choose the correct answer from the options given below :

- (1) B and C Only
- (2) A, B and C Only
- (3) B and D Only
- (4) A, B and D Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817330**
Option 1 ID : **76878128565**
Option 2 ID : **76878128566**
Option 3 ID : **76878128567**
Option 4 ID : **76878128568**
Status : **Answered**
Chosen Option : **3**

Q.100 Find the correct order of Muscle from top to bottom in human body :

- A. Rhomboids
- B. Peroneus Bervis
- C. Pyramidalis
- D. Levator Labi Superioris
- E. Gastronemius

Choose the correct answer from the options given below :

- (1) C, A, B, D, E
- (2) D, A, C, E, B
- (3) C, B, A, E, D
- (4) C, D, A, B, E

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817342**
Option 1 ID : **76878128613**
Option 2 ID : **76878128614**
Option 3 ID : **76878128615**
Option 4 ID : **76878128616**
Status : **Answered**
Chosen Option : **2**

Q.101 Find the correct statements about the Competitive State Anxiety Inventory-2 :

- A. The CSAI-2 is a popular test of Cognitive and Somatic anxiety.
- B. It comprises twenty four items.
- C. The subscales of CSAI-2 are cognitive anxiety, somatic anxiety and self-confidence.
- D. The CSAI-2, which was developed by Martens et al in 1990.

Choose the correct answer from the options given below :

- (1) A, B and C Only
- (2) B and C Only
- (3) C and D Only
- (4) A, C and D Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817327**
Option 1 ID : **76878128553**
Option 2 ID : **76878128554**
Option 3 ID : **76878128555**
Option 4 ID : **76878128556**
Status : **Answered**
Chosen Option : **4**

Q.102 Identify the Graphic Non Projected Aid.

- (1) Slide With Slide Projector
- (2) Film Strip
- (3) Flannel Graph
- (4) Opaque Projection

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817284**
Option 1 ID : **76878128381**
Option 2 ID : **76878128382**
Option 3 ID : **76878128383**
Option 4 ID : **76878128384**
Status : **Answered**
Chosen Option : **3**

- Q.103** Force that slows down a Swimmer's movement in the water is known as :
- (1) Buoyancy force
 - (2) Drag force
 - (3) Gravity force
 - (4) Drafting force

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817272**
Option 1 ID : **76878128333**
Option 2 ID : **76878128334**
Option 3 ID : **76878128335**
Option 4 ID : **76878128336**
Status : **Answered**
Chosen Option : **2**

- Q.104** Which of the following statements are true about altitude raining ?
- A. The percent of oxygen in the air is the same at sea level and a higher altitudes.
 - B. The percent of oxygen in the air is lesser in higher altitudes.
 - C. Partial pressure of oxygen (PO_2) decreases as altitude increases.
 - D. The decreased PO_2 reduces the saturation of oxygen in the blood.
- Choose the correct answer from the options given below :
- (1) A, B and C Only
 - (2) B, C and D Only
 - (3) A, C and D Only
 - (4) B and D Only

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817332**
Option 1 ID : **76878128573**
Option 2 ID : **76878128574**
Option 3 ID : **76878128575**
Option 4 ID : **76878128576**
Status : **Answered**
Chosen Option : **3**

Q.105

An increase in the blood's oxygen-carrying capacity provides the most important longer term adjustment to altitude exposure. Which factor accounts for this adaptation?

A. Initial decrease in plasma volume.

B. Initial increase in plasma volume.

C. Increase in erythrocytes.

D. Increase in hemoglobin synthesis.

Choose the correct answer from the options given below :

(1) A, B and C Only

(2) B, C and D Only

(3) A and C Only

(4) A, C and D Only

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817323

Option 1 ID : 76878128537

Option 2 ID : 76878128538

Option 3 ID : 76878128539

Option 4 ID : 76878128540

Status : Answered

Chosen Option : 2

Q.106

All bodies are attracted to each other with a force proportional to the product of the two masses and inversely proportional to the square of the distance between them is :

(1) Law of Acceleration

(2) Law of Inertia

(3) Law of Gravitation

(4) Law of Reaction

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817279

Option 1 ID : 76878128361

Option 2 ID : 76878128362

Option 3 ID : 76878128363

Option 4 ID : 76878128364

Status : Answered

Chosen Option : 1

Q.107

Match List - I with List - II.

List - I

(Types of perception about team cohesion)

List - II

(Meaning)

A. Integration-task

I. Athlete's view regarding how well players relate to each other and enjoying being part of the team.

B. Integration-social

II. Perception about how well players have bonded over their attempt to define and pursue task goals.

C. Attraction-task

III. The degree to which a player enjoys the company of team mates.

D. Attraction-social

IV. The extent that players are committed to the team's goals.

Choose the correct answer from the options given below :

(1) A-II, B-I, C-IV, D-III

(2) A-I, B-II, C-III, D-IV

(3) A-II, B-IV, C-I, D-III

(4) A-I, B-II, C-IV, D-III

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817344

Option 1 ID : 76878128621

Option 2 ID : 76878128622

Option 3 ID : 76878128623

Option 4 ID : 76878128624

Status : Answered

Chosen Option : 1

Q.108

In which year food and drug administration approved the use of cattle collagen by injection for cosmetic purpose ?

(1) 1981

(2) 1980

(3) 1984

(4) 1978

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817285

Option 1 ID : 76878128385

Option 2 ID : 76878128386

Option 3 ID : 76878128387

Option 4 ID : 76878128388

Status : Answered

Chosen Option : 3

Q.109

Match List - I with List - II.

List - I

(Biological Agents of Disease)

A. Rubella virus

B. Varicella virus

C. Plasmodium falciparum

D. Yersinia pestis

List - II

(Disease)

I. Chickenpox

II. Plague

III. German measles

IV. Malaria

Choose the correct answer from the options given below :

(1) A-IV, B-II, C-III, D-I

(2) A-III, B-I, C-IV, D-II

(3) A-II, B-III, C-IV, D-I

(4) A-I, B-III, C-IV, D-II

Options 1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817346

Option 1 ID : 76878128629

Option 2 ID : 76878128630

Option 3 ID : 76878128631

Option 4 ID : 76878128632

Status : Answered

Chosen Option : 2

Q.110

Find the correct order of the four steps in which ATP molecules are supplied to provide the energy needed for the sliding filament mechanism :

A. Stored ATP

B. Regeneration of ATP from aerobic breakdown of glucose

C. Regeneration of ATP from anaerobic breakdown of glucose

D. Regeneration of ATP from stored creatine phosphate

Choose the correct answer from the options given below :

(1) A, D, C, B

(2) A, B, C, D

(3) B, D, C, A

(4) B, C, A, D

Options 1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817308

Option 1 ID : 76878128477

Option 2 ID : 76878128478

Option 3 ID : 76878128479

Option 4 ID : 76878128480

Status : Answered

Chosen Option : 1

Q.111 Find the correct sequence of Strength Training Periodization :

- A. Maximum Strength
- B. Maintenance
- C. Hypertrophy
- D. Conversion to Specific Strength
- E. Anatomical Adaptation

Choose the correct answer from the options given below :

- (1) E, A, D, C, B
- (2) D, C, E, A, B
- (3) E, C, A, D, B
- (4) D, C, B, E, A

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817315
Option 1 ID : 76878128505
Option 2 ID : 76878128506
Option 3 ID : 76878128507
Option 4 ID : 76878128508
Status : Answered
Chosen Option : 3

Q.112 Match List - I with List - II.

List - I (Sampling Technique)	List - II (Use)
A. Systematic random sampling	I. Used to identify people who have the information needed
B. Purposive sampling	II. Used when the researcher selects whoever is available at a certain place or time
C. Convenience sampling	III. Used when people are selected based on personal referral.
D. Snowball sampling	IV. Used when every individual in the population can be identified.

Choose the correct answer from the options given below :

- (1) A-I, B-II, C-III, D-IV
- (2) A-IV, B-II, C-III, D-I
- (3) A-IV, B-I, C-II, D-III
- (4) A-I, B-III, C-II, D-IV

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817352
Option 1 ID : 76878128653
Option 2 ID : 76878128654
Option 3 ID : 76878128655
Option 4 ID : 76878128656
Status : Answered
Chosen Option : 3

Q.113

In which year Louis Pasteur developed a vaccine for chicken cholera ?

(1)

1979

(2)

1980

(3)

1982

(4)

1978

Options

1.

1

2.

2

3.

3

4.

4

Question Type : MCQ

Question ID : 7687817286

Option 1 ID : 76878128389

Option 2 ID : 76878128390

Option 3 ID : 76878128391

Option 4 ID : 76878128392

Status : Answered

Chosen Option : 2

Q.114

Ability to manage the angular momentum of your body at discrete angles is called :

(1)

Motility

(2)

Maneuverability

(3)

Change of direction

(4)

Multidirectional speed

Options

1.

1

2.

2

3.

3

4.

4

Question Type : MCQ

Question ID : 7687817277

Option 1 ID : 76878128353

Option 2 ID : 76878128354

Option 3 ID : 76878128355

Option 4 ID : 76878128356

Status : Answered

Chosen Option : 2

Q.115

Which of the following statements are correct ?

A. Energy in food does not transfer directly to cells for biological work.

B. Energy from macro nutrient oxidation is harvested and funneled through the energy rich compound ATP.

C. The body always attempts to maintain a continuous ATP supply through only a single metabolic pathway.

D. Cells contain limited ATP and must continually resynthesize it as used.

Choose the correct answer from the options given below :

(1) A, C and D Only

(2) A, B and D Only

(3) B, C and D Only

(4) C, B and A Only

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817322

Option 1 ID : 76878128533

Option 2 ID : 76878128534

Option 3 ID : 76878128535

Option 4 ID : 76878128536

Status : Answered

Chosen Option : 2

Q.116

What is the designated barbell weight for males in the YMCA Bench press test ?

(1) 50 lbs (22.7 kg)

(2) 60 lbs (27.2 kg)

(3) 80 lbs (36.3 kg)

(4) 35 lbs (15.9 kg)

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817302

Option 1 ID : 76878128453

Option 2 ID : 76878128454

Option 3 ID : 76878128455

Option 4 ID : 76878128456

Status : Answered

Chosen Option : 1

Q.117 Match List - I with List - II.

List - I	List - II
A. A vaccine for rubella is developed	I. 1955
B. The Salk polio vaccine is first used	II. 1885
C. Louis Pasteur first uses his vaccine for rabies	III. 1982
D. The first vaccine for hepatitis B is licensed	IV. 1969

Choose the correct answer from the options given below :

- (1) A-II, B-IV, C-I, D-III
- (2) A-III, B-IV, C-I, D-II
- (3) A-II, B-I, C-IV, D-III
- (4) A-IV, B-I, C-II, D-III

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817348
Option 1 ID : 76878128637
Option 2 ID : 76878128638
Option 3 ID : 76878128639
Option 4 ID : 76878128640
Status : Answered
Chosen Option : 4

Q.118 What are the examples of tangible reinforces ?

- A. Medal
- B. Cash prize
- C. Verbal prize
- D. Public acknowledgment

Choose the correct answer from the options given below :

- (1) A and C Only
- (2) A and B Only
- (3) C and D Only
- (4) C and B Only

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817320
Option 1 ID : 76878128525
Option 2 ID : 76878128526
Option 3 ID : 76878128527
Option 4 ID : 76878128528
Status : Answered
Chosen Option : 2

- Q.119** Thermal energy modalities generally affect superficial tissue upto _____ deep.
- (1) 1 cm
 - (2) 2.5 cm
 - (3) 3 cm
 - (4) 3.5 cm

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817274**
Option 1 ID : **76878128341**
Option 2 ID : **76878128342**
Option 3 ID : **76878128343**
Option 4 ID : **76878128344**
Status : **Answered**
Chosen Option : **3**

- Q.120** Which of the following is a key principle of sport management ?
- (1) Ignoring risk management
 - (2) Strategic planning
 - (3) Avoiding stakeholder engagement
 - (4) Eliminating budgeting

- Options**
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : **MCQ**
Question ID : **7687817304**
Option 1 ID : **76878128461**
Option 2 ID : **76878128462**
Option 3 ID : **76878128463**
Option 4 ID : **76878128464**
Status : **Answered**
Chosen Option : **2**

Q.121

The primary kinetic parameter includes :

- A. Torque
- B. Speed
- C. Impulse
- D. Velocity
- E. Momentum

Choose the correct answer from the options given below :

- (1) A, C and E Only
- (2) B, C and D Only
- (3) B and D Only
- (4) A, D and E Only

Options 1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817325

Option 1 ID : 76878128545

Option 2 ID : 76878128546

Option 3 ID : 76878128547

Option 4 ID : 76878128548

Status : Marked For Review

Chosen Option : 1

Q.122

Sarcopenia is characterized by which of the following ?

- (1) Increase in bone density
- (2) Loss of muscle mass with aging
- (3) exclusive occurrence in young athletes
- (4) Increase sarcoplasmic reticulum longitudinally

Options 1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817266

Option 1 ID : 76878128309

Option 2 ID : 76878128310

Option 3 ID : 76878128311

Option 4 ID : 76878128312

Status : Answered

Chosen Option : 4

Q.123

Identify the correct sequential order of the stages of healing :

- A. Re modeling
- B. Inflammation
- C. Injury
- D. Repair

Choose the correct answer from the options given below :

- (1) A, B, D, C
- (2) C, B, D, A
- (3) A, B, C, D
- (4) B, C, D, A

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **7687817313**

Option 1 ID : **76878128497**

Option 2 ID : **76878128498**

Option 3 ID : **76878128499**

Option 4 ID : **76878128500**

Status : **Answered**

Chosen Option : **2**

Q.124

Power of the test is computed by :

- (1) $1 - \beta$
- (2) $1 - \alpha$
- (3) $1 + \beta$
- (4) $1 + \alpha$

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **7687817299**

Option 1 ID : **76878128441**

Option 2 ID : **76878128442**

Option 3 ID : **76878128443**

Option 4 ID : **76878128444**

Status : **Answered**

Chosen Option : **1**

Q.125 Match List - I with List - II.

List - I	List - II
(Classification of Carbohydrates)	(Sources)
A. Monosaccharides	I. Amylose
B. Disaccharides	II. Raffinose
C. Oligosaccharides	III. Sucrose
D. Polysaccharides	IV. Fructose

Choose the correct answer from the options given below :

- (1) A-III, B-IV, C-II, D-I
- (2) A-I, B-II, C-III, D-IV
- (3) A-IV, B-III, C-II, D-I
- (4) A-II, B-I, C-IV, D-III

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817340
Option 1 ID : 76878128605
Option 2 ID : 76878128606
Option 3 ID : 76878128607
Option 4 ID : 76878128608
Status : Marked For Review
Chosen Option : 3

Q.126 Which of the following statement about the Yo-Yo intermittent recovery test is correct ?

- A. The test involves continuous running at a steady pace.
- B. The test consists of 20m shuttle runs with increasing speed.
- C. The test includes a 10 second active recovery period between runs.
- D. The test is primarily designed to measure muscular strength.

Choose the correct answer from the options given below :

- (1) A, B and C Only
- (2) B, C and D Only
- (3) B and C Only
- (4) C and D Only

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817338
Option 1 ID : 76878128597
Option 2 ID : 76878128598
Option 3 ID : 76878128599
Option 4 ID : 76878128600
Status : Answered
Chosen Option : 3

Q.127 Match List - I with List - II.

List - I (Study design)	List - II (Purpose)
A. Survey study	I. Understand culture
B. Historical study	II. Document development
C. Action research	III. Descriptive
D. Ethnographic study	IV. Solve internal problem or issue of the agency

Choose the correct answer from the options given below :

- (1) A-III, B-I, C-IV, D-II
(2) A-II, B-I, C-IV, D-III
(3) A-I, B-II, C-IV, D-III
(4) A-III, B-II, C-IV, D-I

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817353
Option 1 ID : 76878128657
Option 2 ID : 76878128658
Option 3 ID : 76878128659
Option 4 ID : 76878128660
Status : Answered
Chosen Option : 4

Q.128 Which players are keen to find out if the skills they have practiced helped them improve their skills during a competitive game ?

- (1) The goal oriented
(2) The ego oriented
(3) The task oriented
(4) The performance oriented

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817281
Option 1 ID : 76878128369
Option 2 ID : 76878128370
Option 3 ID : 76878128371
Option 4 ID : 76878128372
Status : Answered
Chosen Option : 4

Q.129

Match List - I with List - II.

List - I

{Name}

A. Ms. Manu Bhaker

B. Ms. Thulasinathi Murugesan

C. Physical Education Foundation of India

D. Smt S. Muralidharan

List - II

{Sports award for the year 2024}

I. Major Dhyan Chand Khel Ratna Award

II. Rashtriya Khel Protsahana Puraskar

III. Dronacharya Award Lifetime Category

IV. Arjuna Award

Choose the correct answer from the options given below :

(1) A-IV, B-I, C-III, D-II

(2) A-I, B-IV, C-II, D-III

(3) A-IV, B-II, C-III, D-I

(4) A-II, B-IV, C-III, D-I

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817339

Option 1 ID : 76878128601

Option 2 ID : 76878128602

Option 3 ID : 76878128603

Option 4 ID : 76878128604

Status : Answered

Chosen Option : 2

Q.130

What a another name for the autonomic nervous system ?

(1) Somatic nerves

(2) Non-visceral nervous system

(3) Voluntary nerves

(4) Vegetative nerves

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817273

Option 1 ID : 76878128337

Option 2 ID : 76878128338

Option 3 ID : 76878128339

Option 4 ID : 76878128340

Status : Answered

Chosen Option : 4

Q.131 Rapid jerking action at end of range to force the tissues to stretch is :
(1) Ballistic
(2) Active stretch
(3) Contract-relax-against-contract
(4) Static stretching

- Options** 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **7687817288**
Option 1 ID : **76878128397**
Option 2 ID : **76878128398**
Option 3 ID : **76878128399**
Option 4 ID : **76878128400**
Status : **Answered**
Chosen Option : **1**

Q.132 Which international federation won the IOC climate action award for the year 2024 ?
(1) The International Hockey Federation
(2) World Sailing
(3) The International Basketball Federation
(4) The International Cricket Council

- Options** 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **7687817267**
Option 1 ID : **76878128313**
Option 2 ID : **76878128314**
Option 3 ID : **76878128315**
Option 4 ID : **76878128316**
Status : **Answered**
Chosen Option : **1**

Q.133

Match List - I with List - II.

List - I

A. Control variable

B. Moderator variable

C. Extraneous variable

D. Dependent variable

List - II

I. A kind of independent variable such as age, sex that cannot be manipulated.

II. A factor that could possibly influence the results and that is kept out of the study.

III. A factor that could affect the relationship between the independent variables but that is not included (or) controlled.

IV. The effect of the independent variable, also called the yield.

Choose the correct answer from the options given below :

(1) A-I, B-II, C-IV, D-III

(2) A-II, B-I, C-III, D-IV

(3) A-II, B-III, C-IV, D-I

(4) A-III, B-I, C-II, D-IV

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817351

Option 1 ID : 76878128649

Option 2 ID : 76878128650

Option 3 ID : 76878128651

Option 4 ID : 76878128652

Status : Answered

Chosen Option : 2

Q.134

The process of initiating motion from a dead start to overcome the inertia of gravity is :

(1) Initial acceleration

(2) Pure acceleration

(3) Transitional acceleration

(4) Reactive acceleration

Options

1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817276

Option 1 ID : 76878128349

Option 2 ID : 76878128350

Option 3 ID : 76878128351

Option 4 ID : 76878128352

Status : Answered

Chosen Option : 3

Q.135

Arrange the following types of evaluation in the correct sequence based on when they were conducted in physical education :
A. Summative Evaluation
B. Formative Evaluation
C. Diagnostic Evaluation
D. Norm-reference Evaluation
Choose the correct answer from the options given below :
(1) B, A, C, D
(2) D, B, A, C
(3) A, C, B, D
(4) C, B, A, D

Options

1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817319
Option 1 ID : 76878128521
Option 2 ID : 76878128522
Option 3 ID : 76878128523
Option 4 ID : 76878128524
Status : Answered
Chosen Option : 4

Q.136

Who earned the distinction of becoming the very first Olympic-champion of the modern era ?
(1) Robert Garrett
(2) Elery Clark
(3) James Connolly
(4) Norman Pritchard

Options

1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817265
Option 1 ID : 76878128305
Option 2 ID : 76878128306
Option 3 ID : 76878128307
Option 4 ID : 76878128308
Status : Answered
Chosen Option : 4

Q.137 Which is the valid variable name in SPSS ?

- (1) Muscle Power
- (2) Muscle-Power
- (3) MusclePower
- (4) 'Muscle-Power'

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817298
Option 1 ID : 76878128437
Option 2 ID : 76878128438
Option 3 ID : 76878128439
Option 4 ID : 76878128440
Status : Answered
Chosen Option : 3

Q.138 In the dribbling component of the Harrison Sports-Skill test, what is primarily assessed ?

- (1) The speed and control of dribbling around obstacles
- (2) The ability to dribble with both hands equally
- (3) The creativity of dribbling moves
- (4) The number of dribbles taken in a minute

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817301
Option 1 ID : 76878128449
Option 2 ID : 76878128450
Option 3 ID : 76878128451
Option 4 ID : 76878128452
Status : Answered
Chosen Option : 1

Q.139 Which are the treatments of somatic anxiety ?

- A. Biofeedback
- B. Stress management
- C. Autogenic training
- D. Progressive relaxation

Choose the correct answer from the options given below :

- (1) A and C Only
- (2) A and B Only
- (3) B, C and D Only
- (4) A, C and D Only

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **7687817326**

Option 1 ID : **76878128549**

Option 2 ID : **76878128550**

Option 3 ID : **76878128551**

Option 4 ID : **76878128552**

Status : **Answered**

Chosen Option : **3**

Q.140 The WHO office for the South-East Asia (SEARO) region is situated at :

- (1) Singapore, The Republic of Singapore
- (2) Manila, Philippines
- (3) New Delhi, India
- (4) Hanoi, Vietnam

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **7687817287**

Option 1 ID : **76878128393**

Option 2 ID : **76878128394**

Option 3 ID : **76878128395**

Option 4 ID : **76878128396**

Status : **Answered**

Chosen Option : **3**

Comprehension:

Read the following passage and answer the questions :

Communicable diseases are illnesses caused by agents such as bacteria, viruses, fungi and parasites that can be transmitted from one person to another or from animals to human. The transmission of communicable disease occurs through various modes including direct contact (such as touching, kissing or sexual contact), indirect contact (via contaminated objects, food, water or fomites), droplet infection (coughing or sneezing), airborne transmission (aerosols that remain suspended in the air), vector borne transmission (through insects like mosquitoes, ticks or fleas) and zoonotic transmission (from animals to humans). Prevention methods are crucial in controlling the spread of these diseases and include immunization, which provides active protection against vaccine-preventable diseases such as measles, polio and tuberculosis. Maintaining proper hygiene such as handwashing with soap and water is essential in preventing feco-oral and respiratory infections. The use of personal protective equipment such as masks and gloves is recommended in health care settings and during out-breaks of airborne diseases. Safe drinking water, proper sanitation and food safety measures reduce the risk of waterborne and foodborne infections. Vector control strategies such as insecticide spraying and eliminating breeding sites, help prevent diseases like malaria and dengue. Health education and early case detection play significant roles in breaking the chain of transmission, ensuring better disease control and prevention.

SubQuestion No : 141

Q.141 Why is early case detection emphasized in communicable disease control strategies ?

- (1) To break the chain of transmission and limit disease spread.
- (2) To reduce the effectiveness of vaccine-preventable disease programs.
- (3) To identify emerging drug-resistant bacterial strains.
- (4) To increase the pathogenicity of infectious agents.

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **7687817358**
Option 1 ID : **76878128673**
Option 2 ID : **76878128674**
Option 3 ID : **76878128675**
Option 4 ID : **76878128676**
Status : **Answered**
Chosen Option : **1**

Comprehension:

Read the following passage and answer the questions :

Communicable disease are illnesses caused by agents such as bacteria, viruses, fungi and parasites that can be transmitted from one person to another or from animals to human. The transmission of communicable disease occurs through various mode including direct contact (such as touching kissing or sexual contact), indirect contact (via contaminated objects, food, water or fomites), droplet infection (coughing or sneezing), airborne transmission (aerosols that remain suspended in the air), vector borne transmission (through insects like mosquitoes, ticks or fleas) and zoonotic transmission (from animals to humans). Prevention methods are crucial in controlling the spread of these diseases and include immunization, which provides active protection against vaccine-preventable diseases such as measles, polio and tuberculosis. Maintaining proper hygiene such as handwashing with soap and water is essential in preventing feco-oral and respiratory infections. The use of personal protective equipment such as masks and gloves is recommended in health care settings and during out-breaks of airborne diseases. Safe drinking water, proper sanitation and food safety measures reduce the risk of waterborne and foodborne infections. Vector control strategies such as insecticide spraying and eliminating breeding sites, help prevent diseases like malaria and dengue. Health education and early case detection play significant roles in breaking the chain of transmission, ensuring better disease control and prevention.

SubQuestion No : 142

Q.142 Which is not a recognized mode of communicable disease transmission ?

- (1) Droplet infection
- (2) Vector-borne transmission
- (3) Feco-respiratory transmission
- (4) Zoonotic transmission

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **7687817355**

Option 1 ID : **76878128661**

Option 2 ID : **76878128662**

Option 3 ID : **76878128663**

Option 4 ID : **76878128664**

Status : **Answered**

Chosen Option : **3**

Comprehension:

Read the following passage and answer the questions :

Communicable disease are illnesses caused by agents such as bacteria, viruses, fungi and parasites that can be transmitted from one person to another or from animals to human. The transmission of communicable disease occurs through various mode including direct contact (such as touching kissing or sexual contact), indirect contact (via contaminated objects, food, water or fomites), droplet infection (coughing or sneezing), airborne transmission (aerosols that remain suspended in the air), vector borne transmission (through insects like mosquitoes, ticks or fleas) and zoonotic transmission (from animals to humans). Prevention methods are crucial in controlling the spread of these diseases and include immunization, which provides active protection against vaccine-preventable diseases such as measles, polio and tuberculosis. Maintaining proper hygiene such as handwashing with soap and water is essential in preventing feco-oral and respiratory infections. The use of personal protective equipment such as masks and gloves is recommended in health care settings and during out-breaks of airborne diseases. Safe drinking water, proper sanitation and food safety measures reduce the risk of waterborne and foodborne infections. Vector control strategies such as insecticide spraying and eliminating breeding sites, help prevent diseases like malaria and dengue. Health education and early case detection play significant roles in breaking the chain of transmission, ensuring better disease control and prevention.

SubQuestion No : 143

Q.143 Which of the following disease is **not** typically prevented through immunization ?

- (1) Tuberculosis
- (2) Measles
- (3) Dengue
- (4) Polio

Options 1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817359

Option 1 ID : 76878128677

Option 2 ID : 76878128678

Option 3 ID : 76878128679

Option 4 ID : 76878128680

Status : Answered

Chosen Option : 3

Comprehension:

Read the following passage and answer the questions :

Communicable diseases are illnesses caused by agents such as bacteria, viruses, fungi and parasites that can be transmitted from one person to another or from animals to human. The transmission of communicable disease occurs through various modes including direct contact (such as touching, kissing or sexual contact), indirect contact (via contaminated objects, food, water or fomites), droplet infection (coughing or sneezing), airborne transmission (aerosols that remain suspended in the air), vector borne transmission (through insects like mosquitoes, ticks or fleas) and zoonotic transmission (from animals to humans). Prevention methods are crucial in controlling the spread of these diseases and include immunization, which provides active protection against vaccine-preventable diseases such as measles, polio and tuberculosis. Maintaining proper hygiene such as handwashing with soap and water is essential in preventing feco-oral and respiratory infections. The use of personal protective equipment such as masks and gloves is recommended in health care settings and during out-breaks of airborne diseases. Safe drinking water, proper sanitation and food safety measures reduce the risk of waterborne and foodborne infections. Vector control strategies such as insecticide spraying and eliminating breeding sites, help prevent diseases like malaria and dengue. Health education and early case detection play significant roles in breaking the chain of transmission, ensuring better disease control and prevention.

SubQuestion No : 144

Q.144 Which preventive measure specifically targets airborne communicable diseases in health care settings?

- (1) Hand washing with soap and water
- (2) Chlorination of drinking water
- (3) Food safety regulations
- (4) Use of personal protective equipments

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **7687817356**
Option 1 ID : **76878128665**
Option 2 ID : **76878128666**
Option 3 ID : **76878128667**
Option 4 ID : **76878128668**
Status : **Answered**
Chosen Option : **4**

Comprehension:

Read the following passage and answer the questions :

Communicable disease are illnesses caused by agents such as bacteria, viruses, fungi and parasites that can be transmitted from one person to another or from animals to human. The transmission of communicable disease occurs through various mode including direct contact (such as touching kissing or sexual contact), indirect contact (via contaminated objects, food, water or fomites), droplet infection (coughing or sneezing), airborne transmission (aerosols that remain suspended in the air), vector borne transmission (through insects like mosquitoes, ticks or fleas) and zoonotic transmission (from animals to humans). Prevention methods are crucial in controlling the spread of these diseases and include immunization, which provides active protection against vaccine-preventable diseases such as measles, polio and tuberculosis. Maintaining proper hygiene such as handwashing with soap and water is essential in preventing feco-oral and respiratory infections. The use of personal protective equipment such as masks and gloves is recommended in health care settings and during out-breaks of airborne diseases. Safe drinking water, proper sanitation and food safety measures reduce the risk of waterborne and foodborne infections. Vector control strategies such as insecticide spraying and eliminating breeding sites, help prevent diseases like malaria and dengue. Health education and early case detection play significant roles in breaking the chain of transmission, ensuring better disease control and prevention.

SubQuestion No : 145

Q.145 Which of the following is a primary intervention for waterborne disease prevention ?

- (1) Immunization against polio
- (2) Ensuring safe drinking water and sanitation
- (3) Use of insecticide-treated nets
- (4) Vector control through biological agents

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **7687817357**
Option 1 ID : **76878128669**
Option 2 ID : **76878128670**
Option 3 ID : **76878128671**
Option 4 ID : **76878128672**
Status : **Answered**
Chosen Option : **2**

Comprehension:

Read the following passage and answer the questions :

Data in Indiana Motor Fitness Test was collected on three men players i.e. one each of Badminton, Tennis and Squash game. After collecting the data was analyzed to assess the Motor Fitness Index of each player. Data of each player related to their height, weight and their scores on each test item is given in the table presented below :

S. No	Name of the Test Item	Badminton Player		Tennis Player		Squash Player	
		Raw Score	Scale Score	Raw Score	Scale Score	Raw Score	Scale Score
1.	Height (Inches)	65	-	70	-	75	-
2.	Weight (Pounds)	150	-	160	-	170	-
3.	Chin Ups (No.)	06	44	12	75	02	23
4.	Straddle Chin(No.)	20	39	15	46	10	33
5.	Push Ups (No.)	18	55	25	72	10	35
6.	Vertical Jump (Inches)	18.5	37	20	43	15	17
7.	Standing BroadJump (Inches)	90	59	70	18	105	90

Answer the question on the basis of the above paragraph and tables.

SubQuestion No : 146

- Q.146 Which is the motor fitness index-I of the badminton player on Indiana Motor Fitness Test ?
- (1) 35
(2) 37
(3) 39
(4) 33

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817361
Option 1 ID : 76878128681
Option 2 ID : 76878128682
Option 3 ID : 76878128683
Option 4 ID : 76878128684
Status : Answered
Chosen Option : 2

Comprehension:

Read the following passage and answer the questions :

Data in Indiana Motor Fitness Test was collected on three men players i.e. one each of Badminton, Tennis and Squash game. After collecting the data was analyzed to assess the Motor Fitness Index of each player. Data of each player related to their height, weight and their scores on each test item is given in the table presented below :

S. No	Name of the Test Item	Badminton Player		Tennis Player		Squash Player	
		Raw Score	Scale Score	Raw Score	Scale Score	Raw Score	Scale Score
1.	Height (Inches)	65	-	70	-	75	-
2.	Weight (Pounds)	150	-	160	-	170	-
3.	Chin Ups (No.)	06	44	12	75	02	23
4.	Straddle Chins(No.)	20	39	15	46	10	33
5.	Push Ups (No.)	18	55	25	72	10	35
6.	Vertical Jump (Inches)	18.5	37	20	43	15	17
7.	Standing BroadJump (Inches)	90	59	70	18	105	90

Answer the question on the basis of the above paragraph and tables.

SubQuestion No : 147

Q.147

Which of the following statements are correct ?

- A. Indiana Motor Fitness test was constructed by: Peter M. McGinnis.
- B. Motor Fitness Index-I and Motor Fitness Index-III are preferable.
- C. Motor Fitness Index-III (Standing Broad Jump+Push-ups)×(Vertical Jump)
- D. Indiana Motor Fitness test was constructed using 12 item standard.

Choose the correct answer from the options given below :

- (1) A and C Only
- (2) A and B Only
- (3) B and D Only
- (4) B, C and D Only

Options 1. 1

2. 2

3. 3

4. 4

Question Type : MCQ
Question ID : 7687817364
Option 1 ID : 76878128693
Option 2 ID : 76878128694
Option 3 ID : 76878128695
Option 4 ID : 76878128696
Status : Answered
Chosen Option : 2

Comprehension:

Read the following passage and answer the questions :

Data in Indiana Motor Fitness Test was collected on three men players i.e. one each of Badminton, Tennis and Squash game. After collecting the data was analyzed to assess the Motor Fitness Index of each player. Data of each player related to their height, weight and their scores on each test item is given in the table presented below :

S. No	Name of the Test Item	Badminton Player		Tennis Player		Squash Player	
		Raw Score	Scale Score	Raw Score	Scale Score	Raw Score	Scale Score
1.	Height (Inches)	65	-	70	-	75	-
2.	Weight (Pounds)	150	-	160	-	170	-
3.	Chin Ups (No.)	06	44	12	75	02	23
4.	Straddle Chins(No.)	20	39	15	46	10	33
5.	Push Ups (No.)	18	55	25	72	10	35
6.	Vertical Jump (Inches)	18.5	37	20	43	15	17
7.	Standing BroadJump (Inches)	90	59	70	18	105	90

Answer the question on the basis of the above paragraph and tables.

SubQuestion No : 148

Q.148

Match List - I with List - II.

List - I (Index)	List - II (Validity)
A. Motor Fitness Index-II	I. 0.859
B. Motor Fitness Index-IV	II. 0.841
C. Motor Fitness Index-I	III. 0.812
D. Motor Fitness Index-III	IV. 0.818

Choose the correct answer from the options given below :

- (1) A-III, B-I, C-II, D-IV
(2) A-III, B-IV, C-II, D-I
(3) A-IV, B-I, C-III, D-II
(4) A-IV, B-III, C-I, D-II

- Options 1. 1
2. 2
3. 3
4. 4

Question Type : MCQ
Question ID : 7687817365
Option 1 ID : 76878128697
Option 2 ID : 76878128698
Option 3 ID : 76878128699
Option 4 ID : 76878128700
Status : Answered
Chosen Option : 4

Comprehension:

Read the following passage and answer the questions :

Data in Indiana Motor Fitness Test was collected on three men players i.e. one each of Badminton, Tennis and Squash game. After collecting the data was analyzed to assess the Motor Fitness Index of each player. Data of each player related to their height, weight and their scores on each test item is given in the table presented below :

S. No	Name of the Test Item	Badminton Player		Tennis Player		Squash Player	
		Raw Score	Scale Score	Raw Score	Scale Score	Raw Score	Scale Score
1.	Height (Inches)	65	-	70	-	75	-
2.	Weight (Pounds)	150	-	160	-	170	-
3.	Chin Ups (No.)	06	44	12	75	02	23
4.	Straddle Chins(No.)	20	39	15	46	10	33
5.	Push Ups (No.)	18	55	25	72	10	35
6.	Vertical Jump (Inches)	18.5	37	20	43	15	17
7.	Standing BroadJump (Inches)	90	59	70	18	105	90

Answer the question on the basis of the above paragraph and tables.

SubQuestion No : 149

Q.149 Sequentially arrange the following Motor Fitness Index of the player from lowest to highest ?

- A. Motor Fitness Index-III of Badminton Player
- B. Motor Fitness Index-I of Squash Player
- C. Motor Fitness Index-I of Tennis Player
- D. Motor Fitness Index-II of Squash Player

Choose the correct answer from the options given below :

- (1) B, A, D, C
- (2) C, B, A, D
- (3) B, C, D, A
- (4) A, B, C, D

- Options
- 1. 1
 - 2. 2
 - 3. 3
 - 4. 4

Question Type : MCQ
Question ID : 7687817363
Option 1 ID : 76878128689
Option 2 ID : 76878128690
Option 3 ID : 76878128691
Option 4 ID : 76878128692
Status : Answered
Chosen Option : 2

Comprehension:

Read the following passage and answer the questions :

Data in Indiana Motor Fitness Test was collected on three men players i.e. one each of Badminton, Tennis and Squash game. After collecting the data was analyzed to assess the Motor Fitness Index of each player. Data of each player related to their height, weight and their scores on each test item is given in the table presented below :

S. No	Name of the Test Item	Badminton Player		Tennis Player		Squash Player	
		Raw Score	Scale Score	Raw Score	Scale Score	Raw Score	Scale Score
1.	Height (Inches)	65	-	70	-	75	-
2.	Weight (Pounds)	150	-	160	-	170	-
3.	Chin Ups (No.)	06	44	12	75	02	23
4.	Straddle Chin(s)(No.)	20	39	15	46	10	33
5.	Push Ups (No.)	18	55	25	72	10	35
6.	Vertical Jump (Inches)	18.5	37	20	43	15	17
7.	Standing Broad Jump (Inches)	90	59	70	18	105	90

Answer the question on the basis of the above paragraph and tables.

SubQuestion No : 150

Q.150 Which is the Motor Fitness Index-III of the Tennis Player on Indiana Motor Fitness Test ?

- (1) 56
- (2) 58
- (3) 53
- (4) 55

Options 1. 1

2. 2

3. 3

4. 4

Question Type : MCQ

Question ID : 7687817362

Option 1 ID : 76878128685

Option 2 ID : 76878128686

Option 3 ID : 76878128687

Option 4 ID : 76878128688

Status : Answered

Chosen Option : 2

Exam Summary

Physical Education and General Paper

Section Name	No. of Questions	Answered	Not Answered	Marked for Review	Answered & Marked for Review	Not Visited
General Paper	50	50	0	0	0	0
Physical Education	100	98	0	0	2	0